



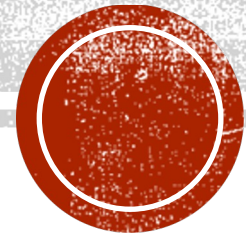
**MARCH 2023
MEMBERSHIP MEETING**





AGENDA

- Coaches' Updates
- Treasurer's Update
- Registration Updates
- Volunteer Updates
- Rower Operations
- Fundraising
- Comms & Calendar Updates
- Regatta Updates
- Q&A





COACHES' UPDATE

COACH JACK AND COACH CAROL

COACHES' UPDATES

Message from Coach Jack

- **Boys spring break:** bus leaves MHS at 6 AM and departs from TBC at 1 PM
- The teams are having a windy start to the season but looks forward to settling into regular water practices as calmer spring weather arrives. We appreciate everyone's flexibility as we adjust the schedule to ensure safe practices for our athletes.
- As a reminder, the coaches guarantee minimum two races for all athletes who make the team and regularly attend practice. Missing a significant amount of practice may lead to less race opportunities for the athlete, and **attendance** is factored in for boatings on all squads.

Message from Coach Carol

- **Girls spring break:** will be 8 to 3pm
- **Attendance** is mandatory and absences affect boatings and racing opportunities. Please be sure your coach knows of prearranged days out.
- The girls have been working in mixed novice / varsity line ups and are now beginning to put together Polar Bear Line UPs - these line ups will be based on erg scores attendance as well as seniority. After Polar Bear we will be seat racing for the top boats.





TREASURER'S UPDATES

DAVID KIRK

Treasurer

treasurer@mcleancrew.org



TREASURER'S UPDATES

- "OARS" Matching Gifts – we raised \$1,464!
 - *Anonymous donor will match up to \$2,500*
 - *To date: \$1,294*
 - *Cut off is February 15*
 - *Go to Store and put "OARS" in the description/rower field*
- **DUES SCHEDULE**
 - Second Installment was due on February 25
 - Third Installment is due on March 25
 - Payments for Stotesbury & Nationals will be due in early May
- **WEIGHT ROOM DONATION- 10 Landmines: \$220**





REGISTRATION UPDATES

NEDA HAMANDI

VP of Administration

vpadmin@mcleancrew.org

FRIENDLY REMINDERS

1. For parents who were not at the last meeting, there is a new email address for Paula Calabria, who is our SafeSport manager. The email is: Safesport@mcleancrew.org. Please send any emails related to SafeSport and USRowing membership to her and copy Neda Hamandi at: Vpadmin@mcleancrew.org
2. USRowing membership: Please ensure that your athlete's USRowing membership is up to date.
3. Please be on the lookout for forms for Lake Lenape, St. Andrews, and Manny Flicks regattas this Friday. All parents of athletes participating in these regattas need to sign "Request for Approval of Unusual Trip" forms. Again, athletes will receive these forms on Friday.
 - 4/1 - Lake Lenape, New Jersey (Boys Only)
 - 4/8 - Saint Andrews, Middletown, Delaware (Full Team)
 - 4/16 - Manny Flicks, PA (Full Team)





VOLUNTEER UPDATE

BRIDGET BINDER

Member At-Large: Volunteers

memberatlarge2@mcleancrew.org



VOLUNTEER UPDATE

- BIG THANK YOU!
- Volunteer Credit Tally
- You will fulfill your credits before the season is over but we still need you!
- Open SUGs for:
 - Bus Chaperones
 - VASRA Local Regattas
 - 2 more spots in Launch Driver Training!
- Coming Soon:
 - Away Regatta SUG



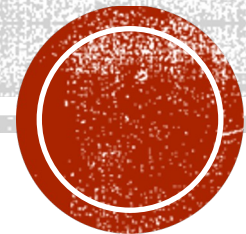


ROWER OPERATIONS

LAUREN FUNKHOUSER

Member At-Large: Rower Operations

memberatlarge@mcleancrew.org



ROWER OPS UPDATES

- **BUS CHAPERONES** – Practices cannot happen on the water without chaperones; badged parents please sign up! We already had to call on emergency back-ups to fill empty slots this week and many gaps remain in March and beyond. Contact Rashmi Mathur and Lauren if you have questions.
- **BUS COMMUNICATOR NEED** – Unexpected gap in this volunteer need – spare the senior parent (multi-talented Kate Forrer) who is filling in. Contact Lauren if willing/able to serve.
- **ALL BOAT DINNER** - Friday 24 March starting at 6:45pm. Evite to come out soon to get an estimate of attendees; a great event for the whole family.
- **PARENTS' SOCIAL** – Given success of first social, planning to have another during Spring Break; tentative date is evening of Tuesday 4 April.





FUNDRAISING

BRITA ANDERSON

Vice President of Ways and Means

vpwaysandmeans@mcleancrew.org



MULCH MADNESS!

- THANK YOU to all of you for volunteering!
- Sold and delivered over 16,000 bags of mulch!
- Final Sales Report coming soon
- Rough profits:



RESTAURANT NIGHTS / RAISE RIGHT GIFT CARDS



Sweet Leaf Ongoing Partnership with MCC!

To do: Mention MCC to cashier or in box @ bottom (not just end) of online order



20% Every Last Weds of Month



Jan 25
Feb 22
March 29
April 26
May 31

ALL DAY Breakfast, Lunch, Dinner:
Order anytime mobile or In-store

Organic | Locally-sourced | Family-owned 1359 Old Chain Bridge Road



Instructions:

1. Download the Raise Right App on your phone
2. Organization: McLean HS Crew Club
3. Enrollment Code: BAFBB92911636
4. Link a bank account or add a credit card and start earning for McLean Crew!





SCHEDULE & COMMS UPDATES

CORA MURPHY

Secretary

secretary@mcleancrew.org

SCHEDULE & COMMUNICATIONS UPDATES

- Daylight Savings Time: teams will take advantage of additional sunlight for practice. Buses are expected to arrive back to MHS closer to 7PMish
- Spring Break Practices:
 - Boys bus leaves MHS at 6 AM and departs from TBC at 1 PM
 - Girls 8AM to 3PM
- Communication Channels:
 - Email – lots of emails!
 - Calendar on Website
 - Remind App
 - Membership Meeting Presentations sent via email
 - Newsletters
 - Regatta Communications
- Reach out to McLeanCrewClub@gmail.com if you need assistance
- Novice Parents: please reach out to Michelle DeCarlo at michelle.decarlo@gmail.com





REGATTA CHAIR

HEATHER WHITNEY

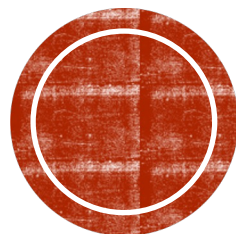
Regatta Chair

regattachair@mcleancrew.org



3/18 POLAR BEAR @ OCCOQUAN (1V, 2V, 3V GIRLS/BOYS AND BOYS 4 ONLY) *SOUTH COUNTY HS*
3/25 REGIONAL PARK REGATTA @ OCCOQUAN *COMMUTER PARKING LOT*
4/1 LAKE LENAPE @ LAKE LENAPE NJ (BOYS) / SCRIMMAGE @ TBC (GIRLS)
4/3-4/7 *SPRING BREAK*
4/8 ST ANDREW'S @ MIDDLETOWN DE
4/15 TED PHOENIX @ OCCOQUAN *COMMUTER PARKING LOT*
4/16 MANNY FLICK @ PHILADELPHIA PA
4/22 SCRIMMAGE @ TBC
4/29 CHARLIE BUTT @ TBC
5/6 STATES DAY 1 @ OCCOQUAN (LOWER BOATS)*SOUTH COUNTY HS*
5/13 STATES DAY 2 @ OCCOQUAN (UPPER BOATS)*SOUTH COUNTY HS*
5/19-20 STOTESBURY @ PHILADELPHIA PA (SELECT CREWS)
5/26-27 SRAA @ OAK RIDGE TN (QUALIFIED CREWS)

4/13 next MCC Membership Meeting



REGATTA SCHEDULE

REGATTA UPDATES

- **Occoquan Parking** – Important Note: this year there are 2 Locations (check schedule for parking location for each regatta): South County HS and Commuter Parking Lot (1325 Old Chain Bridge Rd.)
- The **shuttle** from the offsite parking lot will cost \$15 cash and will cover roundtrip to/from Sandy Run. You should drop off your athlete at Sandy Run and then park in the designated parking lot. Volunteers do not pay for parking and can park onsite. Plan for additional time to park, take the shuttle and walk to the grandstands (10-15 min walk)
- **Team Tent:** No parents or volunteers are allowed in the team tent during the regatta, this is only for the team/coaches. Tent set up will need to be completed by 7am.
- We will hold an online meeting for all **volunteers** for the Polar Bear regatta on Thursday Mar 16 at 7pm. Volunteers will receive separate meeting invite via email
- Regatta will begin at 9am, and the schedule will be available no later than Friday morning the day before the race (Friday Mar 17). The Schedule is posted at www.vasra.org on the Home Page under the heading “Regatta Heatsheet”.
- For results, VASRA encourages everyone to sign-up for the [vasra.results](https://www.vasra.org/results) google group.



SANDY RUN / OCCOQUAN PARKING

Event Start Times*	Regatta	Event Format	Athletes	Parking Location
			Scheduled	
★ 9:00 A.M.	3/18 Polar Bear Regatta	Not Block Schedule	802	South County HS 8501 Silverbrook Rd, Lorton, VA 22079
★ 9:00 A.M.	3/25 Regional Park Regatta	8+ First Events	1408	Commuter Parking Lot 1325 Old Bridge Rd Woodbridge VA 22192
9:00 A.M.	4/15 Ted Phoenix Regatta	8+ First Events	1599	Commuter Parking Lot 1325 Old Bridge Rd Woodbridge VA 22192
8:00 A.M.	5/6 VSRA Championships ("States," lower boats)	Not Block Schedule	1094	South County HS 8501 Silverbrook Rd, Lorton, VA 22079
8:00 A.M.	5/13 VSRA Championships ("States," upper boats)	Not Block Schedule	1156	South County HS 8501 Silverbrook Rd, Lorton, VA 22079

★ Indicates regatta before our next MCC Membership Meeting

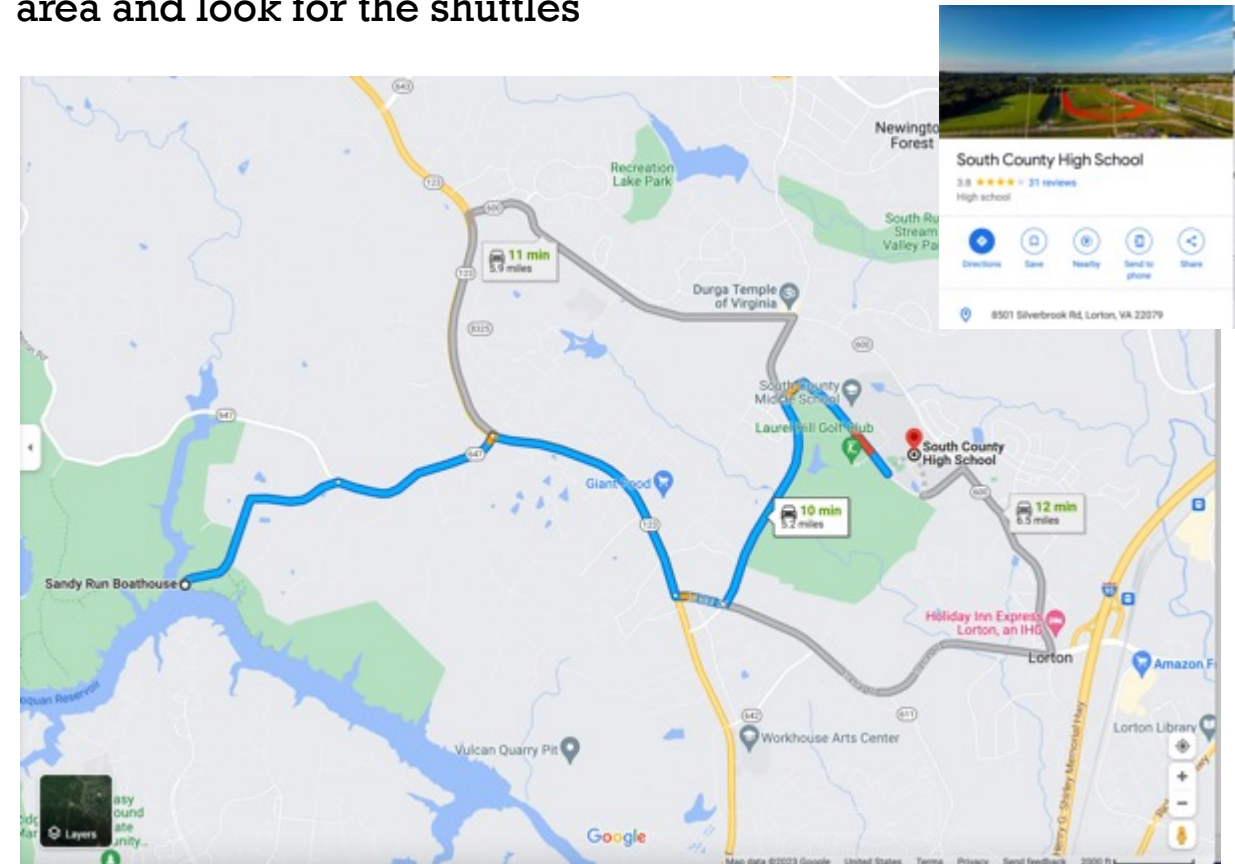


Sandy Run Drop-Off & South County Parking

Only coaches and special volunteers can park close-by. You'll drop off your athlete and need to exit to park at the high school.



You'll park in the designated parking area and look for the shuttles



When the South County parking lot is available you will park there (located at [8501 Silverbrook Rd, Lorton, VA 22079](https://www.google.com/maps/place/8501+Silverbrook+Rd,+Lorton,+VA+22079))

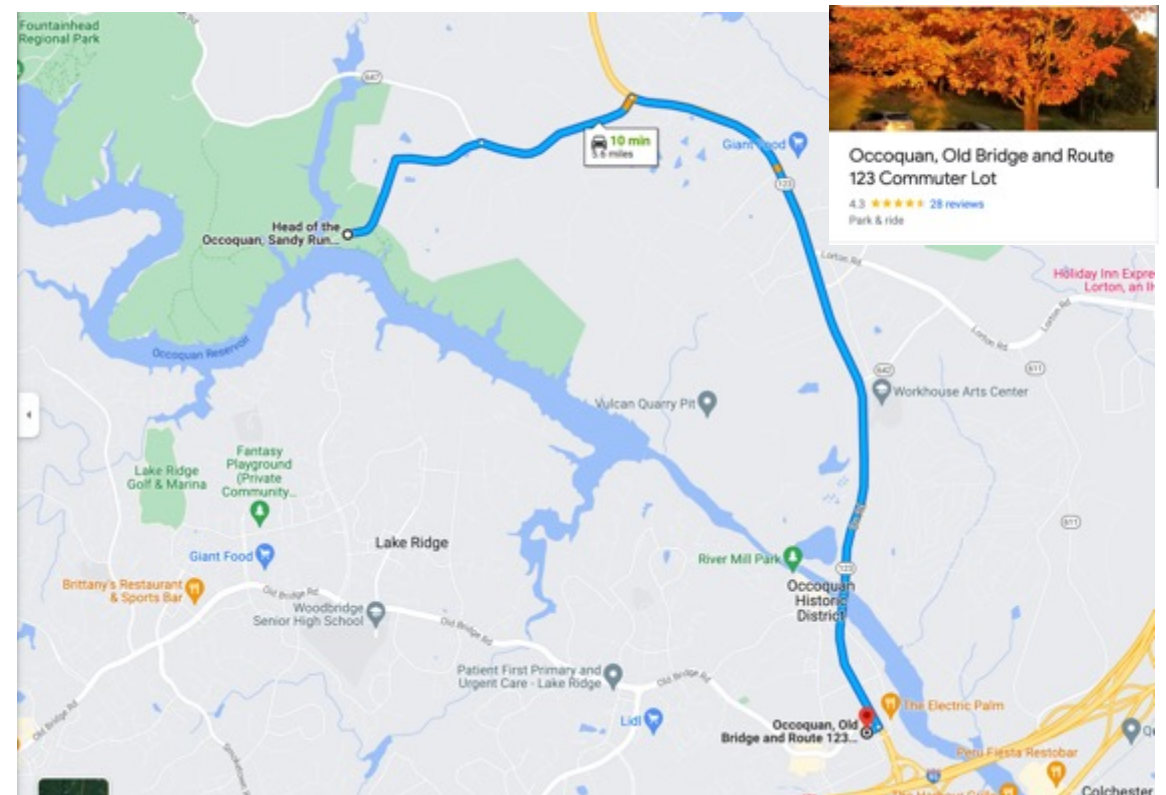


Sandy Run Drop-Off & Commuter Lot Parking

Only coaches and special volunteers can park close-by. You'll drop off your athlete and need to exit to park at the high school.



You'll park in the designated parking area and look for the shuttles



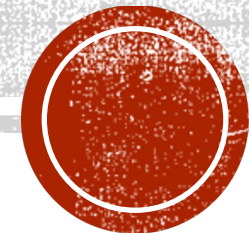
When the Commuter Lot is designated, the location is: 1325 Old Bridge Rd Woodbridge VA 22192





**SANDY RUN /
OCCOQUAN:**

**THE TRAIL TO
THE
GRANDSTAND**



Once on site there is a 0.6 mile trail through the woods to the viewing grandstands. Vans from parking Lot C to the Finish Line will begin operations at 8:00 am and continue until 30 minutes after the conclusion of racing. The cost is \$5 per person.



OPERATIONS

AMBER GUNN WESTLAND

VP of Operations

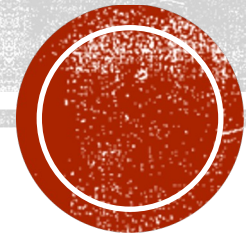
vpoperations@mcleancrew.org



- New shell trailer has arrived
- Old shell trailer was sold



OPERATIONS UPDATES



QUESTIONS & ANSWERS



THANK YOU FOR
ATTENDING AND
SUPPORTING MCC!