



MCLEAN CREW CLUB GENERAL MEMBERSHIP MEETING

DECEMBER 2025





WELCOME!

Julie Tran

Emily Terrell

Co-Presidents

president@mcleancrew.org

Memberatlarge3@mcleancrew.org



Winter Training is off to a great start!

We have 70+ student athletes fully registered and a few in process who may join the team.



Welcome to Victoria Karpowicz, new Assistant Coach for the Girls' Team!



Indoor Competitions Coming Up! Please remember to register and sign waivers



Winter Break Schedule

Coaches will brief schedules tonight. Information will be posted on Slack for parents.

OPENING REMARKS



FUNDRAISING



Answering the call to action...

Thank you to our 2025/2026 Mulch Team Volunteers!

- Chuck Bowen, Mulch Chair & Yard Boss
- April Nguyen, Mulch Co-Chair in Training
- Nicole Rebugio, Mulch Co-Chair in Training
- Candice Wyllie, Mulch Co-Chair in Training
- Seamus Phillips, Yard Boss in Training
- Marie Lee, Mulch Sales Manager
- Sudeshna Mitra, Routing
- Gordon Church, Routing in Training
- Lisa Thompson, Dispatch
- Fany Colon de Hayes, Food Tent Chair
- Mulch Committee Volunteer Coordinator, Laura Broderdorf

Laura Broderdorf

VP OF WAYS AND MEANS

vpwaysandmeans@mcleancrew.org

How You Can Help Us! – Sell Early, Sell a Lot, Read our Comms, Volunteer Early & Often, and Don't Leave Until the Job is Done!

This is a TEAM experience!

THANK YOU FOR SUPPORTING TURKEY TROT!

	2023 (Langley Only)	2024 (Langley & MCC)	2025 (Langley & MCC)
Revenue	?	\$22K	\$32K
Expenses	?	\$8K	\$6K
Total Profit	\$5K	\$14K	\$26K
MCC 50% Profit	\$0	\$7K	\$13K
Registrations	?	330	396

Takeaways:

- In two years, we have brought in \$20K profit for the club by introducing Turkey Trot
- Grew revenue by retaining sponsors from prior year, adding new sponsors, and growing registrations with more advertising
- Cut unnecessary expenses from prior year and focused on cost/benefit of each expense

FRI, DEC 12 - MULCH & ERGATHON KICKOFF!

■ **ATHLETES CONTACT LEADS:**

- 1st email by Dec 15 (sent by each athlete to their leads)
- 2nd follow up email by Jan 4 (sent by athlete to their leads)
- 3rd contact by Jan 14: email & leave a paper flyer on their front door (responsibility of athlete)

■ **PARTICIPATION MANDATORY**

- Athletes must sell & deliver mulch until all mulch delivered
- Athletes must be present all of Ergathon
- 1 Adult Volunteer per athlete from each family
 - 1 Full Day of Mulch weekend
 - Safe Sport Screened
 - Level 2 FCPS Approved Volunteer

■ **MULCH/ERGATHON**

- **MCC needs profits from both fundraisers to fund club!**
- Ergathon = \$15K target profit
- Mulch = 10K-12K bags total sold
- **If they don't buy mulch, ask for an Ergathon donation!**

■ **LOWER YOUR ATHLETE'S DUES**

- Mulch: \$2 per bag up to 250 bags, Max dues credit = \$500
- Ergathon: 50% total donations collected before Jan 24 credit athlete's dues, Max dues credit = \$1,500 across all fundraisers

■ **DATES/TIMES**

- Sat, Jan 24, 9:00 AM – 1:00 PM: Ergathon
- Sat, Feb 28, 7:00 AM – 6:30 PM: Mulch Delivery
- Sun, Mar 1 (IF NEEDED), 7:00 AM – DONE!: Mulch Delivery

■ **START TODAY ON BOTH FUNDRAISERS!**



Q: What is an Ergathon?

A: Athletes row on ergs in front of McLean businesses and collect donations from the public. It's high-energy and fun!

Date/Time: Sat, Jan 24, 9:00 am – 1:00 pm

Collect pledges (i.e. donations) today until Jan 23 for 50% dues credit (up to max of \$1,500 dues credit across all fundraisers); Jan 24 donations go 100% to MCC

Quick, simple, 100% profit fundraiser for those who want to support but don't want to buy stuff!

**Online Donations
Accepted Today
through Jan 24!**



ERGATHON





OPERATIONS

Dave McGowan

VP of Operations

vpoperations@mcleancrew.org



OPERATIONS UPDATE

- Overall: Ops team responsible for procurement, maintenance, & transport of our equipment: Shells, launches, ERGS, oars, cox boxes, safety items, trailers, chuckwagon, sheds, etc.
- Equipment Highlights
 - ERGs: 8 new ERGs purchased/received
 - Shells: downpayment on new 8+ shell
 - Launches: New launch received!
 - Warranty replacement
 - Oars: 8 Oars ordered
 - Fall/Winter maintenance ongoing
 - Shell trailer: light bar
 - Chuckwagon: vent upgrade
 - Inventories





VOLUNTEERING

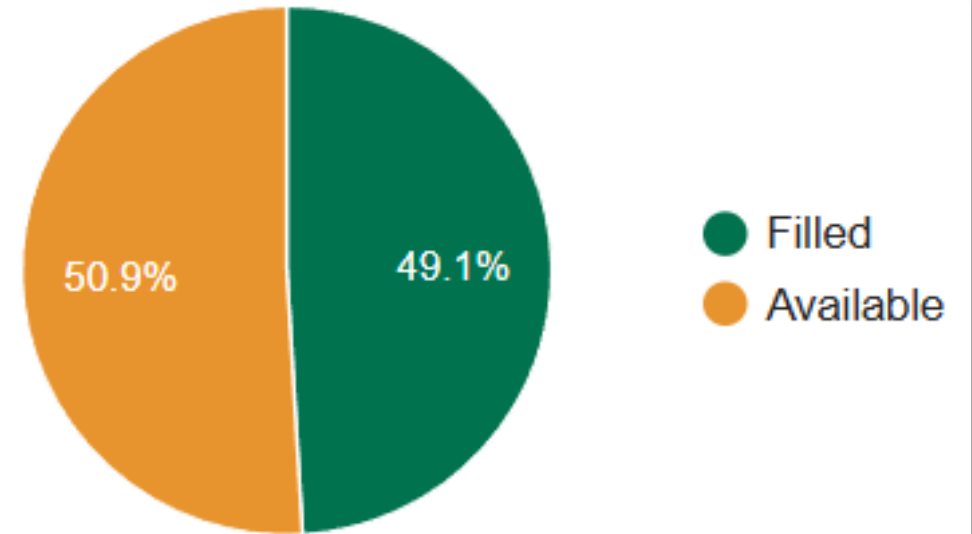
Gordon Church

Member at Large Volunteers

memberatlarge2intraining@mcleancrew.org

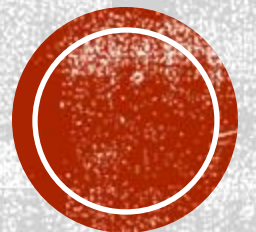
Sign Up Activity

Total Slots:	53
Filled Slots:	26
Available Slots:	27
% Filled:	49.06%



VOLUNTEERING

AS OF 12/10/2025





VOLUNTEER POSITION HIGHLIGHTS

- Treasurer in-training (3 credits)
- Member at Large, Rower Operations in-training (3 credits)
- VASRA Local Organizing Committee ("LOC") (4 credits)
- Local Regatta Coordinator (5 credits)
- Away Regatta Coordinator (5 credits)
- Local Regatta Tent Coordinator (4 credits if one coordinator; can be split)





ROWER OPERATIONS

Kristen Kucko

Member at Large Rower Ops

memberatlarge@mcleancrew.org

WELCOME COACH RACHEL AND COACH
AZIM!



Winter Training Schedule for Girls:

December 22- January 4

Monday, Tuesday, Friday and Saturday:

- **In-Person Practice:** M/T/F- 3:15 PM – 5:15 PM *This is the normal practice session held in person at the designated time. Saturday: 9-11AM: This is the normal practice session held in person at the designated time at MHS.*

Wednesday or Thursday:

- **OYO (On Your Own) Workouts:** *Athletes are expected to complete workouts on their own either Wednesday or Thursday.*

Sunday:

- **Off Day:** *No training scheduled. Rest and recovery.*

Going out of town? OYO workouts will be given upon request. Otherwise, attendance is expected for all planned in-person practices.

OPEN ERG SESSIONS:

BOYS TEAM MEMBERS ARE WELCOME TO ATTEND THESE SESSIONS.



Winter Break Open Erg Schedule for Boys

December 22 - January 4

Monday, Tuesday, Wednesday, Friday and Saturday:

- **In-Person Practice at MHS:** M/T/W/F: 8 AM – 10 AM; *Saturday: 8-11AM: (8-10am practice, 10-11am Weight Room)*

Thursday and Sunday:

- **Off Day:** *No training scheduled. Rest and recovery.*

Going out of town? OYO workouts will be given upon request.

OPEN ERG SESSIONS:

GIRLS TEAM MEMBERS ARE WELCOME TO ATTEND THESE SESSIONS.



UPCOMING WINTER COMPETITIONS

Yorktown Erg Relays Saturday, Jan 10th

- Time: 9 am - 12 pm.
- **Location:** Yorktown High School
- Details coming soon!

Erg Sprints Saturday, Jan 31st

- **Register [HERE](#)** (early registration ends 12/31/25)
- Doors open at 7 am, but times vary by event
- **Location:** Alexandria City High School
- **Fee:** \$25 early bird registration/ \$35 regular registration
- Reserve an event t-shirt when you register

W-L Triathlon Saturday, Feb 7th

- **Register [HERE](#) by January 20, 2026**
- Check-in opens at 8am, racing starts at 8:30am
- Estimated flight times will be sent closer to the event
- **Location:** W-L High School in the *Annex*
- **Fee:** \$5
- T-Shirts are available for pre-order (\$20) until **Jan 10**.



BUS CHAPERONE BADGING

- Thank you to those parents who signed up to apply for FCPS volunteer badges in order to serve as bus chaperones.
- 36 parents have registered so far. Please visit [VolunteerFCPS](#) to register as a Level 2 volunteer. Level 3 is no longer needed for parents.





ADMINISTRATION

Partha Som

VP of Administration

vpadmin@mcleancrew.org

ADMINISTRATION

Registration Update:

- 74 Families Registered
 - 37 Boys Team
 - 37 Girls Team
- 99% of all steps completed
- **Reminder:** ALL Steps need to be completed prior to participation in Winter Conditioning
- **Contact:** vpadmin@mcleancrew.org

THANK YOU





REGATTAS

Shira Machleder-Schatz

Regatta Chair

regattachair@mcleancrew.org



**TENTATIVE
REGATTA
SCHEDULE**

3/21 Polar Bear Regatta @ Occoquan

3/28 St. Andrews @ Middleton, DE

3/30 - 4/3 Spring Break Camp (incl. 4/1 Langley scrimmage @ TBC)

4/4 Darrell Winslow @ Occoquan

4/11 TBC Hustle @ TBC

4/12 Manny Flicks @ Philadelphia, PA

4/18 Ryz Obuchowitz @ Occoquan

4/25 Charlie Butt @ TBC

5/2, 5/9 VA States Day 1, 2 @ Occoquan

5/15 - 5/16 Stotesbury @ Philadelphia, PA (select crews)

5/22 - 5/23 SRAA Nationals @ Oak Ridge, TN (qualifying crews)



COMMUNICATIONS

Saara Salim

Secretary

secretary@mcleancrew.org

ENGAGE WITH MCC!

- **Check our website for all the latest news and updates.**
- **Instagram and X: fundraisers, events, results, highlights**
- **Slack:** https://join.slack.com/t/mcleancrewclub/shared_invite/zt-3ijdvqzo4-EoeNAAh6t5jynQ_v9tQBIA
- **SmugMug: a repository of photographs of the team and club** [McLean Crew Club \(smugmug.com\)](#)
 - If you would like to submit photographs for consideration to the SmugMug site use the folder:
 - <https://mcleancrewclub.smugmug.com/upload/9p3wt3/2024RowerAndParentUploads>
 - Please email me after you have uploaded your photos noting which event they are from.



PULLING TOGETHER FOR 30 YEARS STRONG!

- Thank you to everyone who purchased an anniversary t-shirt. The order has been placed, and shirts should arrive early next week.
- Shirts will be distributed during practice next week.
- If your shirt was a surprise purchase for your athlete, please let Susan Thomas know so alternate arrangements can be made.



BOATHOUSE JACKET

- For all those rowers who waited to order a boathouse jacket until you knew you were committed to crew - your time to order is now. We will be placing a boathouse order in the next few weeks. We do need a minimum order of 6.
- **What is a boathouse jacket?** A pullover style, mid weight GorTex waterproof jacket with MCLEAN CREW on the back and your name monogrammed on the front. AKA – a really cool crew jacket that keeps you dry on rainy days and just looking awesome on non-rainy days.
- **How much does it cost?** \$285.00 – please note due to personalization all orders are final and cannot be returned. This is an optional uniform purchase.
- **How do I order?** Purchase through the McLean Crew Store
- **When will I receive my jacket?** The estimation is 6-8 weeks from order placement.





KEY UPCOMING DATES

December 13: PBC Full Ham Triathlon

December 13: MHS Holiday Bazaar

January 10: Yorktown Relays

January 15: Membership Meeting

January 24: Ergathon

January 31: Erg Sprints

February 7: W-L Triathlon

February 23-25: Spring Tryouts

Feb 28 – March 1: Mulch Weekend (snow date March 7-8)



QUESTIONS?

- Visit the website mcleancrew.org website
- If you can't find what you're looking for, feel free to reach out to the appropriate Board Member or send an email to mcleancrewclub@gmail.com



**THANK YOU FOR
ATTENDING!**

