

# **MCLEAN CREW CLUB GENERAL MEMBERSHIP MEETING**

**DECEMBER 2025**





# WELCOME!

Julie Tran  
Emily Terrell  
Co-Presidents

[president@mcleancrew.org](mailto:president@mcleancrew.org)  
[Memberatlarge3@mcleancrew.org](mailto:Memberatlarge3@mcleancrew.org)



## Winter Training is off to a great start!

We have 70+ student athletes fully registered and a few in process who may join the team.



Welcome to Victoria Karpowicz, new Assistant Coach for the Girls' Team!



Indoor Competitions Coming Up! Please remember to register and sign waivers



## Winter Break Schedule

Coaches will brief schedules tonight. Information will be posted on Slack for parents.

# OPENING REMARKS



# FUNDRAISING



## **Answering the call to action... Thank you to our 2025/2026 Mulch Team Volunteers!**

- Chuck Bowen, Mulch Chair & Yard Boss
- April Nguyen, Mulch Co-Chair in Training
- Nicole Rebugio, Mulch Co-Chair in Training
- Candice Wyllie, Mulch Co-Chair in Training
- Seamus Phillips, Yard Boss in Training
- Marie Lee, Mulch Sales Manager
- Sudeshna Mitra, Routing
- Gordon Church, Routing in Training
- Lisa Thompson, Dispatch
- Fany Colon de Hayes, Food Tent Chair
- Mulch Committee Volunteer Coordinator, Laura Broderdorf

**Laura Broderdorf**

VP OF WAYS AND MEANS

[vpwaysandmeans@mcleancrew.org](mailto:vpwaysandmeans@mcleancrew.org)

**How You Can Help Us! – Sell Early, Sell a Lot, Read our Comms,  
Volunteer Early & Often, and Don't Leave Until the Job is Done!**

**This is a TEAM experience!**

# THANK YOU FOR SUPPORTING TURKEY TROT!

	2023 (Langley Only)	2024 (Langley & MCC)	2025 (Langley & MCC)
Revenue	?	\$22K	\$32K
Expenses	?	\$8K	\$6K
Total Profit	\$5K	\$14K	\$26K
MCC 50% Profit	\$0	\$7K	\$13K
Registrations	?	330	396

## Takeaways:

- In two years, we have brought in \$20K profit for the club by introducing Turkey Trot
- Grew revenue by retaining sponsors from prior year, adding new sponsors, and growing registrations with more advertising
- Cut unnecessary expenses from prior year and focused on cost/benefit of each expense

# FRI, DEC 12 - MULCH & ERGATHON KICKOFF!

- **ATHLETES CONTACT LEADS:**

- 1st email by Dec 15 (sent by each athlete to their leads)
- 2nd follow up email by Jan 4 (sent by athlete to their leads)
- 3rd contact by Jan 14: email & leave a paper flyer on their front door (responsibility of athlete)

- **PARTICIPATION MANDATORY**

- Athletes must sell & deliver mulch until all mulch delivered
- Athletes must be present all of Ergathon
- 1 Adult Volunteer per athlete from each family
- 1 Full Day of Mulch weekend
- Safe Sport Screened
- Level 2 FCPS Approved Volunteer

- **MULCH/ERGATHON**

- MCC needs profits from both fundraisers to fund club!
- Ergathon = \$15K target profit
- Mulch = 10K-12K bags total sold
- If they don't buy mulch, ask for an Ergathon donation!

- **LOWER YOUR ATHLETE'S DUES**

- Mulch: \$2 per bag up to 250 bags, Max dues credit = \$500
- Ergathon: 50% total donations collected before Jan 24 credit athlete's dues, Max dues credit = \$1,500 across all fundraisers

- **DATES/TIMES**

- Sat, Jan 24, 9:00 AM – 1:00 PM: Ergathon
- Sat, Feb 28, 7:00 AM – 6:30 PM: Mulch Delivery
- Sun, Mar 1 (IF NEEDED), 7:00 AM – DONE!: Mulch Delivery

- **START TODAY ON BOTH FUNDRAISERS!**



## **Q: What is an Ergathon?**

**A: Athletes row on ergs in front of McLean businesses and collect donations from the public. It's high-energy and fun!**

**Date/Time:** Sat, Jan 24, 9:00 am – 1:00 pm

**Collect pledges (i.e. donations) today until Jan 23 for 50% dues credit (up to max of \$1,500 dues credit across all fundraisers); Jan 24 donations go 100% to MCC**

**Quick, simple, 100% profit fundraiser for those who want to support but don't want to buy stuff!**

**Online Donations  
Accepted Today  
through Jan 24!**





# OPERATIONS

Dave McGowan

VP of Operations

[vpoperations@mcleancrew.org](mailto:vpoperations@mcleancrew.org)



# OPERATIONS UPDATE

- Overall: Ops team responsible for procurement, maintenance, & transport of our equipment: Shells, launches, ERGS, oars, cox boxes, safety items, trailers, chuckwagon, sheds, etc.
- Equipment Highlights
- ERGs: 8 new ERGs purchased/received
- Shells: downpayment on new 8+ shell
- Launches: New launch received!
  - Warranty replacement
- Oars: 8 Oars ordered
- Fall/Winter maintenance ongoing
  - Shell trailer: light bar
  - Chuckwagon: vent upgrade
  - Inventories





# VOLUNTEERING

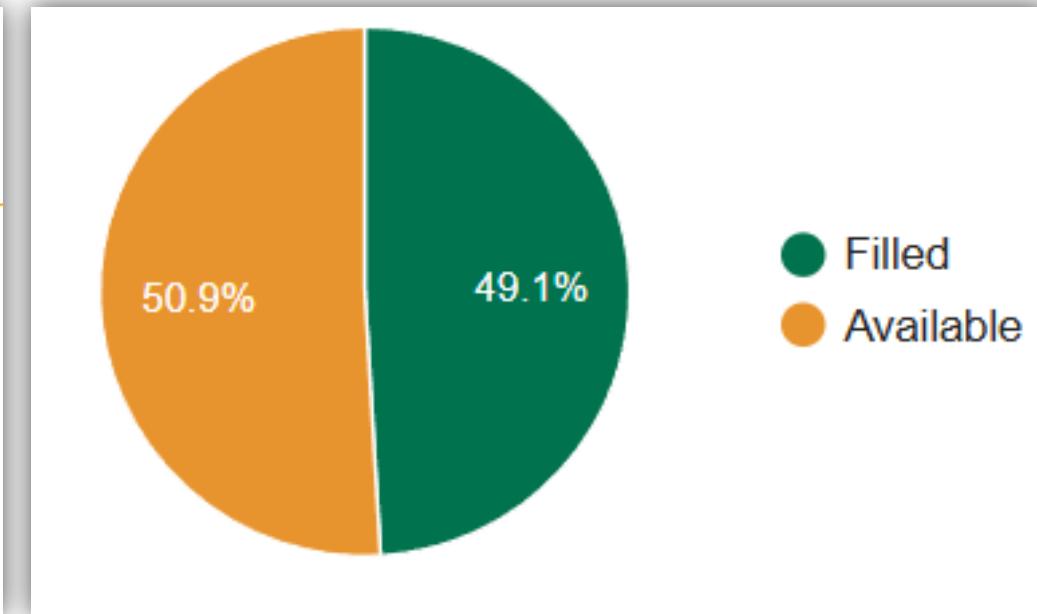
Gordon Church

Member at Large Volunteers

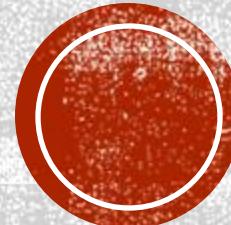
[memberatlarge2intraining@mcleancrew.org](mailto:memberatlarge2intraining@mcleancrew.org)

## Sign Up Activity

**Total Slots:** 53  
**Filled Slots:** 26  
**Available Slots:** 27  
**% Filled:** 49.06%



**VOLUNTEERING**  
**AS OF 12/10/2025**



# VOLUNTEER POSITION HIGHLIGHTS



- Treasurer in-training (3 credits)
- Member at Large, Rower Operations in-training (3 credits)
- VASRA Local Organizing Committee ("LOC") (4 credits)
- Local Regatta Coordinator (5 credits)
- Away Regatta Coordinator (5 credits)
- Local Regatta Tent Coordinator (4 credits if one coordinator; can be split)



# ROWER OPERATIONS

**Kristen Kucko**

Member at Large Rower Ops

[memberatlarge@mcleancrew.org](mailto:memberatlarge@mcleancrew.org)

WELCOME COACH RACHEL AND COACH  
AZIM!



## **Winter Training Schedule for Girls:**

**December 22- January 4**

**Monday, Tuesday, Friday and Saturday:**

- **In-Person Practice:** M/T/F- 3:15 PM – 5:15 PM *This is the normal practice session held in person at the designated time.*  
*Saturday: 9-11AM: This is the normal practice session held in person at the designated time at MHS.*

**Wednesday or Thursday:**

- **OYO (On Your Own) Workouts:** *Athletes are expected to complete workouts on their own either Wednesday or Thursday.*

**Sunday:**

- **Off Day:** *No training scheduled. Rest and recovery.*

Going out of town? OYO workouts will be given upon request. Otherwise, attendance is expected for all planned in-person practices.

**OPEN ERG SESSIONS:**

**BOYS TEAM MEMBERS ARE WELCOME TO ATTEND THESE SESSIONS.**



HHS PERTH AMBOY HIGH SCHOOL

## **Winter Break Open Erg Schedule for Boys**

**December 22 - January 4**

**Monday, Tuesday, Wednesday, Friday and Saturday:**

- **In-Person Practice at MHS:** M/T/W/F: 8 AM – 10 AM; Saturday: 8-11AM: (8-10am practice, 10-11am Weight Room)

**Thursday and Sunday:**

- **Off Day:** No training scheduled. Rest and recovery.

Going out of town? OYO workouts will be given upon request.

**OPEN ERG SESSIONS:**

**GIRLS TEAM MEMBERS ARE WELCOME TO ATTEND THESE SESSIONS.**



# UPCOMING WINTER COMPETITIONS

## Yorktown Erg Relays

**Saturday, Jan 10th**

- Time: 9 am - 12 pm.
- **Location:** Yorktown High School
- Details coming soon!

## Erg Sprints

**Saturday, Jan 31st**

- **Register [HERE](#)** (early registration ends 12/31/25)
- Doors open at 7 am, but times vary by event
- **Location:** Alexandria City High School
- **Fee:** \$25 early bird registration/ \$35 regular registration
- Reserve an event t-shirt when you register

## W-L Triathlon

**Saturday, Feb 7th**

- **Register [HERE](#) by** January 20, 2026
- Check-in opens at 8am, racing starts at 8:30am
- Estimated flight times will be sent closer to the event
- **Location:** W-L High School in the *Annex*
- **Fee:** \$5
- T-Shirts are available for pre-order (\$20) until **Jan 10**.

# **BUS CHAPERONE BADGING**

- Thank you to those parents who signed up to apply for FCPS volunteer badges in order to serve as bus chaperones.
- 36 parents have registered so far. Please visit [VolunteerFCPS](http://VolunteerFCPS) to register as a Level 2 volunteer. Level 3 is no longer needed for parents.





# ADMINISTRATION

Partha Som

VP of Administration

[vpadmin@mcleancrew.org](mailto:vpadmin@mcleancrew.org)

# ADMINISTRATION

## Registration Update:

- 74 Families Registered
  - 37 Boys Team
  - 37 Girls Team
- 99% of all steps completed
- **Reminder:** ALL Steps need to be completed prior to participation in Winter Conditioning
- **Contact:** [vpadmin@mcleancrew.org](mailto:vpadmin@mcleancrew.org)

**THANK YOU**





# REGATTAS

Shira Machleder-Schatz

Regatta Chair

[regattachair@mcleancrew.org](mailto:regattachair@mcleancrew.org)



## **TENTATIVE RECATTA SCHEDULE**

3/21 Polar Bear Regatta @ Occoquan

3/28 St. Andrews @ Middleton, DE

3/30 - 4/3 Spring Break Camp (incl. 4/1 Langley scrimmage @ TBC)

4/4 Darrell Winslow @ Occoquan

4/11 TBC Hustle @ TBC

4/12 Manny Flicks @ Philadelphia, PA

4/18 Ryz Obuchowitz @ Occoquan

4/25 Charlie Butt @ TBC

5/2, 5/9 VA States Day 1, 2 @ Occoquan

5/15 - 5/16 Stotesbury @ Philadelphia, PA (select crews)

5/22 - 5/23 SRAA Nationals @ Oak Ridge, TN (qualifying crews)



# COMMUNICATIONS

Saara Salim

Secretary

[secretary@mcleancrew.org](mailto:secretary@mcleancrew.org)

# ENGAGE WITH MCC!

- **Check our website for all the latest news and updates.**
- **Instagram and X: fundraisers, events, results, highlights**
- **Slack:** [https://join.slack.com/t/mcleancrewclub/shared\\_invite/zt-3ijdvqzo4-EoeNAAh6t5jynQ\\_v9tQBIA](https://join.slack.com/t/mcleancrewclub/shared_invite/zt-3ijdvqzo4-EoeNAAh6t5jynQ_v9tQBIA)
- **SmugMug: a repository of photographs of the team and club** [McLean Crew Club \(smugmug.com\)](https://mcleancrewclub.smugmug.com)
  - If you would like to submit photographs for consideration to the SmugMug site use the folder:
    - <https://mcleancrewclub.smugmug.com/upload/9p3wt3/2024RowerAndParentUploads>
    - Please email me after you have uploaded your photos noting which event they are from.



# PULLING TOGETHER FOR 30 YEARS STRONG!

- Thank you to everyone who purchased an anniversary t-shirt. The order has been placed, and shirts should arrive early next week.
- Shirts will be distributed during practice next week.
- If your shirt was a surprise purchase for your athlete, please let Susan Thomas know so alternate arrangements can be made.



# BOATHOUSE JACKET

- For all those rowers who waited to order a boathouse jacket until you knew you were committed to crew - your time to order is now. We will be placing a boathouse order in the next few weeks. We do need a minimum order of 6.
- **What is a boathouse jacket?** A pullover style, mid weight GorTex waterproof jacket with MCLEAN CREW on the back and your name monogrammed on the front. AKA – a really cool crew jacket that keeps you dry on rainy days and just looking awesome on non-rainy days.
- **How much does it cost?** \$285.00 – please note due to personalization all orders are final and cannot be returned. This is an optional uniform purchase.
- **How do I order?** Purchase through the McLean Crew Store
- **When will I receive my jacket?** The estimation is 6-8 weeks from order placement.





## KEY UPCOMING DATES

December 13: PBC Full Ham Triathlon

December 13: MHS Holiday Bazaar

January 10: Yorktown Relays

January 15: Membership Meeting

January 24: Ergathon

January 31: Erg Sprints

February 7: W-L Triathlon

February 23-25: Spring Tryouts

Feb 28 – March 1: Mulch Weekend (snow date March 7-8)



# QUESTIONS?

- Visit the website [mcleancrew.org](http://mcleancrew.org) website
- If you can't find what you're looking for, feel free to reach out to the appropriate Board Member or send an email to [mcleancrewclub@gmail.com](mailto:mcleancrewclub@gmail.com)

**THANK YOU FOR  
ATTENDING!**

