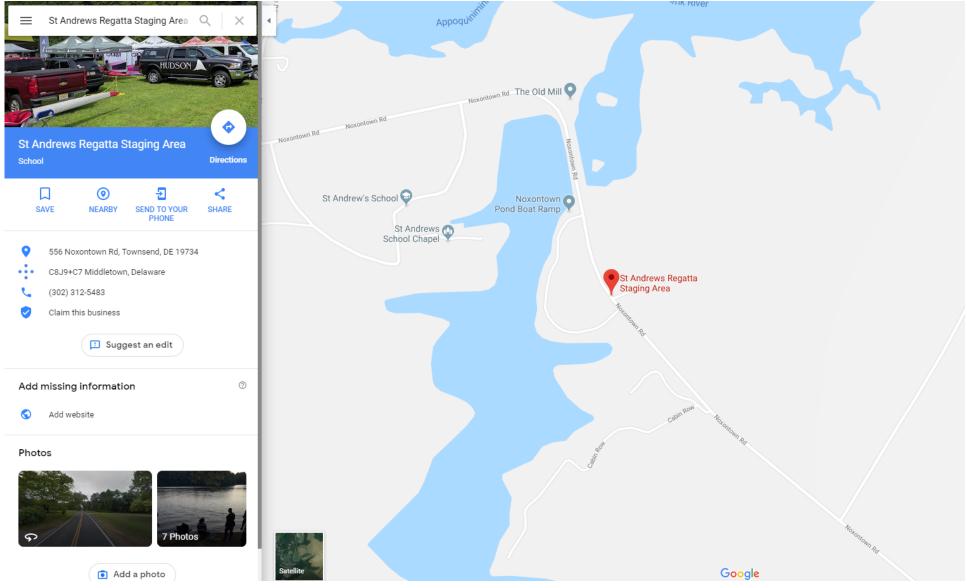
# Noxontown Regatta at St Andrews April 11, 2020 Middletown, Delaware



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## **Regatta Fast Facts:**

- The Venue Boathouse address:
  - o 600 Noxontown Road, Middletown, DE 19734
  - Estimated 2:15-2:30 hour ride dependent on traffic.
  - Location is not accessed by driving onto the school campus

• Parking:

 Free parking is available at the Noxontown Pond area near the team tents

#### • Facilities:

- Race site offers only port-ajohns.
- $\ensuremath{\circ}$  There is very little shelter.
- $_{\odot}$  No potable water onsite.
- Racing Starts: • 1:00 PM

### • Rowers Should Bring:

- Rowers should wear what they are going to practice in on bus.
- Crew uni and long sleeve top for racing
- $_{\odot}$  Layers of clothes and rain gear
- Change of clothes for ride home

## Additional Helpful Information:

- Athletes should eat a good breakfast before departure and/or bring snacks for bus.
- The team will offer light breakfast upon arrival; all efforts will be concentrated on unloading, derigging and practice.
- Lunch will be provided and available as time permits between warm ups and races. Grilled burgers will be available.
- Parents should see SUG for other items needed and available to rowers and spectators with team.
- The team tent will be available but remember to bring a lawn chair or blanket for sitting.
- Be prepared for changing weather hot and cold
- Parents may bring their rowers home with them but must check out with the coach and the regatta event organizer

## The Schedule:

### (Tentative until April 5<sup>th</sup>)

Rowers will travel on two commercial tour buses. Coaches/chaperones will ride in each bus.

- 6:30 AM Buses arrives at MHS for loading (Eat breakfast before loading or bring snack for ride.)
- 6:45 AM Last call... All rowers at bus for loading
- 7:00 AM Buses departs MHS
- 9:00-9:30 AM Buses arrive at St. Andrews

#### After arrival:

- Unload and rig boats
- Practice
- Athletes stretch and eat

RACES BEGIN AT 1:00 PM

- 4:00 PM Buses arrive St. Andrews for loading
- 4:30 PM Buses depart St. Andrews for McLean
- 7:00-7:30 PM Buses return to MHS



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