



MCLEAN CREW CLUB GENERAL MEMBERSHIP MEETING

OCTOBER 2025





WELCOME!

JULIE TRAN and
EMILY TERRELL

Co-Presidents

president@mcleancrew.org

memberatlarge3@mcleancrew.org





AGENDA

- Co-Presidents' Update
- Equipment Update
- Volunteering
- Treasurer Update
- Fundraising
- Rower Ops Update
- Regattas
- Registration & Safe Sport
- Communications



2025-2026 BOARD MEMBERS

Co-Presidents - Julie Tran and Emily Terrell

VP of Administration - Partha Som

VP Ways and Means - Laura Broderdorf

VP for Operations - Dave McGowan

Member-at-Large Rower Operations - Kristen Kucko

Secretary - Saara Salim

Treasurer - Prithvi Prabhu

Member-at-Large Volunteers - Gordon Church

Regatta Chair - Shira Machleder-Schatz



RECAP FROM PARENT INTEREST MEETING



Give them grit,
resilience and
incredible leg muscles



Make them into the
ultimate team player



Increase their
discipline and focus



Unlock their hidden
champion



Expand and strengthen
their college options



Help them find their
tribe



THE COACHES



Coach Azim Khodjibaev
Boys' Head Coach



Coach Braden Barnett
Boys' Asst. Coach



Coach Ryan Huntoon
Boys' Asst. Coach



Coach Nate McClafferty
(Part-Time)



Coach Rachel Dickenson
Girls' Head Coach



Coach Ryan Slanina
Girls' Asst. Coach



Coach Caitlin Chamberlain
Girls' Asst. Coach



Coach Jon Barrett
(Part-Time)





EQUIPMENT

DAVE MCGOWAN

VP of Operations

vpoperations@mcleancrew.org

OPERATIONS UPDATE

- The Ops team keeps all MCC equipment in great shape!
 - Shells, Oars
 - Launches
 - Ergs
 - Boat Trailers
 - Chuck Wagon
- **Erg Workday**: Saturday, October 18, 8:15 a.m. at the MCC Shed
 - SignUpGenius link will go out after this meeting (<https://www.signupgenius.com/go/409084BAFAA23A6F58-56456203-spring>)
 - Contact Dave McGowan with questions





VOLUNTEERING

GORDON CHURCH

Member at Large - **Volunteers**

memberatlarge2@mcleancrew.org

VOLUNTEER ROLES

Operational Positions

- 1 to 5 credits, steady work over the season
- Sign up Genius (SUG) Open Now!

As Needed Roles

- 0.5 to 1 credit for work at a regatta or other event
- SUGs will open throughout the season



OPERATIONAL POSITIONS

Needed Now!

- **SafeSport Manager** (5 credits)
& VP Admin in training
- **Mulch Committee Sales Lead** (3 credits)
— start mid-November
- **Mulch Committee Co-Chair in Training** (3 credits)
- **Mailbox Maven** (1 credit)
- **Treasurer in-training** (3 credits)
- **VP Operations in-training** (3 credits)
- **Secretary in-training** (3 credits)

Sign Up!





BUDGET

Prithvi Prabhu

Treasurer

treasurer@mcleancrew.org

TREASURER UPDATE

- Discussion of FYE 7/31/2025 (see handout)
- Discussion of FYE 7/31/2026 budgeted amounts (see handout)



LANGLEY CREW

MCLEAN CREW

TURKEY TROT 5K - SAT, NOV 29



SIGN UP NOW

FUNDRAISING

LAURA BRODERDORF

VP - Ways & Means

vpwaysandmeans@mcleancrew.org



TURKEY TROT 5K — SAT, NOV 29!

SPONSORSHIPS:

- **Goal:** Every family brings in at least one sponsor (refer to MCC email sent on 9/29)
- Own a business? Please consider sponsoring!
- **Sponsor here:**



REGISTER TO RUN/WALK:

- **Invite family, friends, neighbors!**
- **Fun & Food! (even bigger this year!)**
 - **Music:** Bach to Rock
 - **Coffee:** Tom's Traveling Coffee Truck
 - **Breakfast:** TNT Mexican Grill Food Truck
 - **Treats:** Bake Sale
- **Register here:**



RAISE RIGHT (ONGOING):

WHAT IS IT?

- "Earn up to 5x more with gift card fundraising, online shopping, local dining, and travel bookings. Raise money every time you grab a latte, fill up on gas, buy groceries, or dine out."
- "RaiseRight is the easiest, most practical fundraising program—no selling goods, planning events, or knocking on doors."
- Source: www.raiseright.com

**PRO TIP: BEST CASH BACK RATES ARE
RAISE RIGHT DAYS AROUND BLACK
FRIDAY – RUN PLANNED HOLIDAY SPEND
THROUGH RAISE RIGHT FIRST!**

HOW IT WORKS:

- DOWNLOAD APP HERE:



- Enter enrollment code: 7C82982B11636.
- Buy gift cards for regular purchases.
- 50% cash back goes to your athlete's dues reduction (other 50% to MCC)

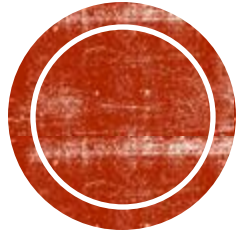


OTHER FUNDRAISING NEWS

UPCOMING DATES:

- **NOV 2 - 8: SHOE WEEK**
 - Gear up before winter conditioning
 - Roadrunner Sports, 1120 West Broad Street, Falls Church
 - 10% cash back to MCC & 20% discount when mention "McLean Crew Club" at checkout
- **SAT, NOV 29: TURKEY TROT 5K**
- **SAT, DEC 13: BOOSTERS HOLIDAY BAZAAR**
 - Mulch Selling & Ergathon Pledge Collection Begins
- **SAT, FEB 7: ERGATHON**
 - Weather Backup Date Sat, Feb 14
 - **Mandatory for Athletes - Please review MCC Handbook Policy**
- **SAT, FEB 28 – SUN, MAR 1: MULCH MADNESS**
 - Weather Backup Date Sat, Mar 7 – Sun, Mar 8
 - **Mandatory for Athletes (both days) and parent (one day) - Please review MCC Handbook Policy**





ROWER OPERATIONS

KRISTEN KUCKO

Member at Large – Rower
Operations

memberatlarge@mcleancrew.org

MCLEAN CREW SENIOR PORTRAITS

7:30 am on October 13
at Thompson Boat
Center.



GREEN DAYS AND INTEREST MEETING

- ALL ATHLETES MUST BE REGISTERED IN THE ARBITER SPORTS SYSTEM AT MHS, HAVE A VHSL PHYSICAL AND CONCUSSION TRAINING COMPLETE TO PARTICIPATE IN GREEN DAYS
- Green Days: Tentatively scheduled to start on October 22.
- Student Interest Meeting: November, after Winter Sports Tryouts



**WINTER
CONDITIONING**

November 17– February 20

- **Girls:** M/T/W/F + Saturday AM
 - 3:15 to 5:30
- **Boys:** M/T/Th/F + Saturday AM
 - Study Hall 3:15-4:30
 - Practice 4:30-6:30

WINTER ERG COMPETITIONS

PBC Full Ham: 12/13/25

Yorktown Relays: 1/10/26

Washington-Liberty Triathlon: 2/07/26

Erg Sprints: 1/31/26





REGATTAS

SHIRA MACHLEDER-SCHATZ

Regatta Chair

Regattachair@mcleancrew.org

**TENTATIVE
REGATTA
SCHEDULE**

3/21 Polar Bear Regatta @ Occoquan

3/28 St. Andrews @ Middleton, DE

3/30 - 4/3 Spring Break Camp

4/4 Darrell Winslow @ Occoquan

4/11 TBC Hustle @ TBC

4/12 Manny Flicks @ Philadelphia, PA

4/18 Ryz Obuchowitz @ Occoquan

4/25 Charlie Butt @ TBC

5/2, 5/9 VA States Day 1, 2 @ Occoquan

5/15 - 5/16 Stotesbury @ Philadelphia, PA (select crews)

5/22 - 5/23 SRAA Nationals @ Oak Ridge, TN (qualifying crews)



REGISTRATION

PARTHA SOM

VP of Administration

vpadministration@mcleancrew.org

REGISTRATION

- Registration runs **October 13th – 30th!**
- Register at **mcleancrew.org/registration**. An email with instructions and link will be sent out on October 13th.
- There are 10 steps to include registering with HS Athletics, Physical, US Rowing, Safety Video, Safety Manual, Handbook, MAAPP Policy, SafeSport Training, DocuSign Forms & Dues
- ***Please don't wait until the last minute*** as missing documents/payments mean your child cannot participate in Winter Conditioning
- If you need assistance with registration, email Partha Som at: **VPadmin@mcleancrew.org**
- For any SafeSport issues, email Partha Som at: **SafeSport@mcleancrew.org**



Option 1: \$3250 &
6 volunteer credits

Option 2: \$4875 &
3 volunteer credits

Option 3: \$6500 &
0 volunteer credits

**DUES: 3
OPTIONS**



MEMBERSHIP AGREEMENT

<i>FEES</i>	OPTION 1	OPTION 2	OPTION 3
Membership Dues	\$3,250	\$4,875	\$6,500
Volunteer Support	6 credits	3 credits	0 credits
Max Fundraising Credit	\$1,500	\$1,500	\$1,500
Uniforms (estimate)	\$150	\$150	\$150
Regular Season Fee Range	\$1,750- \$3,400	\$3,375- \$5,025	\$5,000- \$6,650
Stotesbury	\$600- \$750	\$600- \$750	\$600- \$750
Nationals (or comparable regatta)	\$500 - \$950	\$500 - \$950	\$500 - \$950
Total Fee Range (including Post Season)	\$1,750- \$5,100	\$3,375- \$6,725	\$5,000 - \$8,350



U.S. CENTER FOR SAFESPORT

In 2017, the U.S. Congress passed the Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act. This legislation designates the U.S. Center for SafeSport to serve as an independent organization with the authority to respond to reports of sexual misconduct within the U.S. Olympic and Paralympic Movement.

The Center is committed to building a sport community where participants can work and learn together free of emotional, physical and sexual abuse, and misconduct.

SafeSport focuses on:

- Prevention
- Education
- Reporting



PREVENTION

MINOR ATHLETE ABUSE & PREVENTION POLICIES (MAAPP)

- Limits one-on-one adult/minor interaction
- Sets standard for settings that prevent abuse & misconduct
- All McLean Crew Club members are required to read the MAAPP policy each year

Policy Key Focus

All one-on-one contact between adults & athletes must be:

1 – Observable

The contact must be able to be seen by another individual (adult or minor)

2 – Interruptible

Another individual (adult or minor) must be able to stop the interaction easily

NOTE: Applies to Email & Texts



EDUCATION

SAFESPORT TRAINING FOR ROWERS

Rowers (18+)

and those who will turn 18 this season



Rowers (under 18)

with parental consent



Rowers will take/connect to SafeSport Training via their USRowing Membership Portal. Taking this training via the USRowing Membership Portal makes it accessible to USRowing Officials who ensure compliance on race days. Rowers who are not compliant will not be allowed to race.



SafeSport



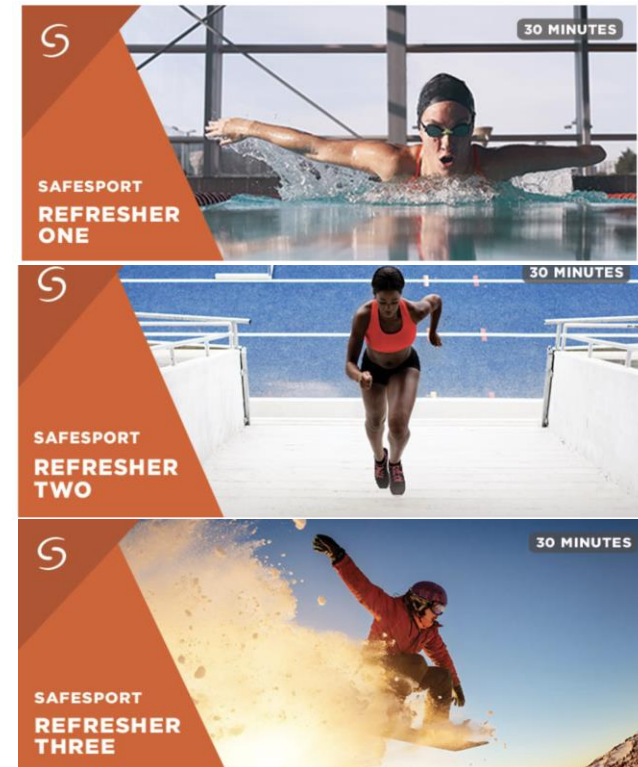
EDUCATION

SAFESPORT TRAINING FOR PARENTS

New Parents



Returning Parents



Parents will take SafeSport Training directly from their account at SafeSportTrained.org



REPORTING

SEXUAL MISCONDUCT & CHILD ABUSE

Pursuant to the SafeSport Act as implemented by the Code, and McLean Crew Club, the Center for Safe Sport has exclusive jurisdiction over all issues involving Sexual Misconduct and Child Abuse. Such issues are to be reported directly to the Center *and* appropriate local authorities.

REPORT ONLINE

 **REPORT ABUSE OR MISCONDUCT**

<https://uscenterforsafesport.org/report-a-concern/>

CALL TO REPORT

 **CALL 833-5US-SAFE (587-7233)**

24 HOURS
with an operator available Mon-Fri 8-4



REPORTING

NON-SEXUAL MISCONDUCT

Non-sexual misconduct includes:

- Physical Misconduct
- Emotional Misconduct
 - Bullying
 - Hazing
 - Harassment

**MCC has a ZERO TOLERANCE
policy for any form of misconduct**

- While non-sexual misconduct issues may be reported directly to the Center for SafeSport or to USRowing, MCC encourages initial reporting of such matters internally
- To report non-sexual misconduct, members can use the Non-Sexual Incident Report Form found in the MCC Handbook or reach out directly to a MCC Board Member

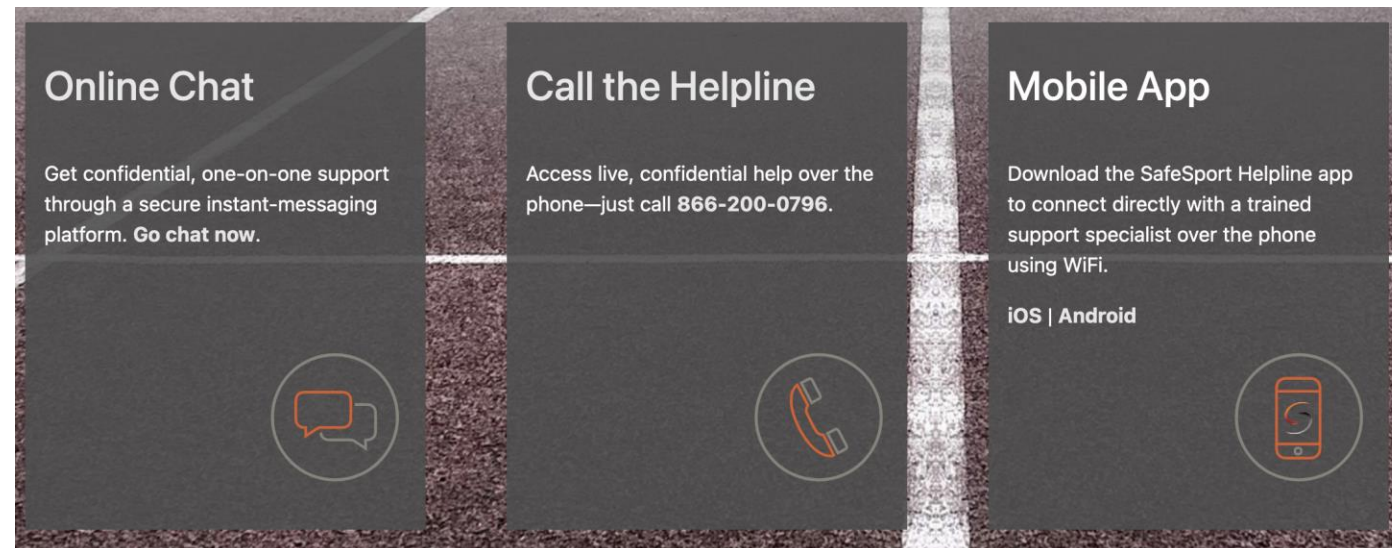


HOW TO GET HELP

SAFESPORT HELPLINE

The SafeSport Helpline provides crisis intervention, referrals, and emotional support specifically designed for athletes, staff, and other SafeSport participants affected by sexual violence. Through this service, support specialists provide live, confidential one-on-one support. All services are anonymous, secure and available 24/7.

safesporthelpline.org





COMMUNICATIONS

SAARA SALIM

Secretary

secretary@mcleancrew.org



COMMUNICATIONS

- **Website: McLeanCrew.org - A Treasure Trove of Information**
- **Monthly & Special Newsletters**
- **Emails**
- **Slack**
- **Instagram [@mcleancrewclub](https://www.instagram.com/mcleancrewclub)**
- **X [@mcleancrewclub](https://twitter.com/mcleancrewclub)**



3 MAIN OBLIGATIONS FOR PARENTS

To remain in good standing:

1. Pay dues
2. Fulfill your volunteer credits
3. Work mulch weekend
February 28 / March
1 (Rain Date: March 7-8)





KEY UPCOMING DATES

October 13 – 30: Registration Opens

October 18: Erg Workday

November 2-8: Roadrunner Shoe Week

November 13: Membership Meeting

**November 17: First day of Winter Conditioning –
registration required to participate**

November 29 – Turkey Trot

March 1 - 2: Mulch Weekend (rain date March 8-10)



QUESTIONS?

- Visit the website mcleancrew.org website
- If you can't find what you're looking for, feel free to reach out to the appropriate Board Member or send an email to mcleancrewclub@gmail.com



**THANK YOU FOR
ATTENDING!**

