



**MCLEAN CREW CLUB  
GENERAL MEMBERSHIP  
MEETING**  
**NOVEMBER 2023**



**WELCOME!**

**Molly Hoffman**

President  
[president@mcleancrew.org](mailto:president@mcleancrew.org)



**PRESIDENT'S  
UPDATE**

- **New Coaches: Zoe Treibitz and Jon Barrett**
- **McLean Rowing Foundation: Dave McCarthy and Dave Hilliard**

# McLean Rowing Foundation

- **Overview:** 501(c)3 nonprofit organization that supports, facilitates and promotes the sport of rowing in the greater McLean, Virginia area
- **Problem:** Most crew teams receive no funding from the school district so joining a team can be financially out of reach for many kids. At McLean High School, 190 students (nearly 9%) received free or reduced priced meals (FRM\*) during the 2018 - 2019 school year
- **What We Do:** Provide financial support to students who participate in the free and reduced-price lunch program. Learn to row, uniforms, and away regattas (e.g., Stotesbury, Nationals) are partially or fully paid by the foundation.
- **What we've done:** Supported 4 rowers over the past 3 years that would otherwise not have been able to row.
- **Asks:** 1) If you need support, contact us, 2) Donate gear for gear swapping, 3) Funding, we're good for now, and please consider the future.
- **Email:** Dave McCarthy and Martin Hilliard can be reached at either [contact@mcleanrowingfoundation.org](mailto:contact@mcleanrowingfoundation.org) or [mcleanrowingfoundation@gmail.com](mailto:mcleanrowingfoundation@gmail.com)

Website & Donations



\* **FCPS FRM Criteria:** Families who earn less than 130 percent of the poverty level are eligible for free meals and those with incomes between 130 and 185 percent of poverty level qualify for reduced-price meals.



# OPERATIONS

AMBER GUNN WESTLAND

VP of Operations

[vpoperations@mcleancrew.org](mailto:vpoperations@mcleancrew.org)



# OPERATIONS UPDATE

- **LAUNCHES**

- Two old launches were sold- two new launches are being ordered

- **SHELLS**

- Two 4+s and the new Womens' 8+ on order

- **ERGS**

- Ready for Winter Training
  - 8 new ergs were purchased- all ergs are no more than 6 years old!
- \*Brand new Concept 2 ergs are being pre-sold for pick up after the Erg Sprints at Alexandria City High School on February 3! For more information and to reserve yours while supplies last, contact [ergs@ergsprints.com](mailto:ergs@ergsprints.com). (MCC is not involved-just passing on this great opportunity to get a new erg at a discount!)





# VOLUNTEERING

BRIDGET BINDER

Member at Large Volunteers  
[memberatlarge2@mcleancrew.org](mailto:memberatlarge2@mcleancrew.org)



First, a heartfelt thank you to all of you who have stepped up and signed up to volunteer for MCC!

There will be many opportunities to volunteer once the season starts.



# TYPES OF VOLUNTEER ROLES

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**Operational positions:** work over a period of time or the entire season

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**One-time volunteer positions:** 2-4 hour shifts during fundraising events, regattas, etc. These sign-ups will come later in the season.

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**\*\*If you signed up for an operational position and you are a new parent, please find the board member who oversees that position and talk to them tonight.\*\***



# SEEKING NEXT YEAR'S BOARD MEMBERS!

- The entire MCC board (except treasurer) is turning over after the 2024 season.
- Board members in training will assist and learn from the current board member and take over the role in the 2024-25 season.
- If you're curious, please talk to the board members tonight!

## STILL SEEKING:

- PRESIDENT IN TRAINING (Molly)
- VP OPERATIONS IN TRAINING (Amber)
- REGATTA CHAIR IN TRAINING (Heather)



# VOLUNTEER POSITION HIGHLIGHTS

- **Study Hall Chaperone** – must have FCPS badge already and commit to chaperoning the boys study hall one day a week from 3pm-4:30pm starting next week through late February when on the water training starts. You will receive three credits for this position!
- **Study Hall Chaperone back up list** – if you are willing to be called if the regular chaperone has a last-minute conflict and can't make their shift, please sign up on the Sign Up Genius and list your phone number in the comments. ½ credit per shift filled.

Please sign up

here: <https://www.signupgenius.com/tabs/43073D905A3C3E8CE8-2024crew#/>

If you have any questions regarding volunteer positions, please reach out to Bridget Binder, Member at Large for Volunteers, at [memberatlarge2@mcleancrew.org](mailto:memberatlarge2@mcleancrew.org)





# **ROWER OPERATIONS**

LAUREN FUNKHOUSER

Member at Large Rower Ops

[memberatlarge@mcleancrew.org](mailto:memberatlarge@mcleancrew.org)

# **BUS CHAPERONE BADGING**

- Serving as a bus chaperone during the season is a great way to earn volunteer credits, and the kids can't practice at TBC unless we have two chaperones/day.
- To serve as a bus chaperone you must have an FCPS volunteer badge which entails a background check.
- Information on serving as a bus chaperone as well as detailed instructions on the badging process can be found under the "for parents" section of the Club website.
- Elizabeth Ruhl is this year's badging coordinator – [Elizabeth.Ruhl@me.com](mailto:Elizabeth.Ruhl@me.com)
- Interested parents should provide their full legal name, email address, rowers' name, and rowers' grade to Elizabeth Ruhl before Thanksgiving. This will provide us with the requisite time to submit the request through the McLean Activities Office and get the badging process started.
- It IS a process over which the Club has little influence, so we appreciate your patience.





# FUNDRAISING

BRITA ANDERSON

VP of Ways & Means

[vpwaysandmeans@mcleancrew.org](mailto:vpwaysandmeans@mcleancrew.org)



# WINTER FUNDRAISER

- **FRESH EVERGREENS!** Perfect to decorate your home or office, and gift to friends and loved ones! *Purchase through December 8th.*
- Purchase through [giftitforward.com](http://giftitforward.com)
- Fundraising Code **MCLEANVA001** and the **ROWER'S NAME** as the Referring Member
- Shipped directly to you and your customers





# WINTER FUNDRAISER

- **PAW THAW:** pet-safe, biodegradable **ice melt** packaged in 12lbs jugs with a convenient shake top
- *Purchase through November 26th*
- Order through [www.mcleancrew.org/online-store](http://www.mcleancrew.org/online-store)
- **Rowers will deliver Paw Thaw to their customers.** Make this a perk for your customers! **Local orders only.**
- Please add **ROWER'S NAME** to your order







# WINTER FUNDRAISER

- Resources for Rowers:
  - Rower scripts (what to say)
  - Information guide
  - Seller's guide
- Holiday greenery sales ONLINE at [giftitforward.com](http://giftitforward.com)
- Paw Thaw sales at [mcleancrew.org](http://mcleancrew.org)
- Remind customers to tag **ROWER NAME** on each order
- We'll send out weekly sales reports so you can track your progress and double-check your sales





## LEBANESE TAVERNA PUTS THE FUN IN FUNDRAISER



**LEBANESE TAVERNA** is partnering with  
MCLEAN HS CREW, **Nov 16th**

MCLEAN HS crew will receive **20%** OF THE BILL

Tax & gratuity not included. Not valid with other offers.  
Offer valid throughout the day with online food, online  
gift card purchase, catering and take out orders.  
Not applied on Door Dash ordering. See below for  
specific instructions.



**GOT OTHER PLANS THAT NIGHT?**  
buy a gift card online and use anytime at any location.

### DINE AT THESE LOCATION:

**TYSONS GALLERIA:** 1840 INTERNATIONAL DR MCLEAN

**When Dining In,** present this flier to your server

**Online Food Ordering,** type your school name, **MCLEAN** in the notes section

**Online Gift Card Purchasing,** type **MCLEAN** in the promo code section

Credit is received on all catering, dine-in, take out and gift cards at the above locations.

NOT APPLIED ON DOORDASH WEBSITE



Good Food Enjoyed in Good Company  
[WWW.LEBANESETAVERNA.COM](http://WWW.LEBANESETAVERNA.COM)



All fundraisers must be pre-approved by Lebanese Taverna.

# RESTAURANT NIGHTS

# DO GOOD WITH CHIPOTLE



CHIPOTLE FUNDRAISER FOR  
**MCLEAN CREWCLUB**

33% OF EVENT SALES GET DONATED TO THE CAUSE

**WEDNESDAY, DECEMBER 13 | 4-8PM**

**6707 OLD DOMINION DR, MCLEAN**

**ORDERING ONLINE FOR PICKUP?**

Don't forget to include your unique  
code **NPWTF67** in the "promo code" section of  
your order and click "apply." (Pick up must be 5-  
8pm - hours of fundraiser)



# SHOE WEEK: ROAD RUNNER SPORTS

November 5th-11th

Save 10% (20% with VIP)

10% of sales goes to MCC!

Start Winter Conditioning with great shoes and gear!

ROADRUNNERSPORTS™

READY. SET. START  
**YOUR XC SEASON**  
INVITE FAMILY, FRIENDS & EVERYONE AT SCHOOL

 **McLean Crew Club**  
Gear-Up & Fundraiser

Gear Up any time during the week!  
November 5<sup>th</sup> - 11<sup>th</sup>

 \*Make sure to mention Club Name at checkout\*

<p><b>SAVE MOOLAH</b></p>  <p>Everybody saves up to 20% off shoes, socks &amp; apparel.*</p>	<p><b>SUPPORT YOUR TEAM</b></p>  <p>10% of sales are given to your team. Oh yeah!</p>	<p><b>GET YOUR PERFECT FIT</b></p>  <p>Your best season starts with our FREE 3D shoe fitting</p>
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\*VIP Family, save 20% on your entire purchase! Your savings include your VIP 10% Discount plus a gift of an EXTRA 10%. Not a VIP? Save 10% off the bat plus save an EXTRA 10% when you join the VIP Family. Your gift may not be applied to electronics, clearance, lightly loved shoes, previous purchases and gift cards, or combined with other offers. Some exclusions may apply, including select styles of adidas, Altra, ASICS, Brooks, HOKA ONE ONE, Mizuno, New Balance, Nike, OluKai, On, Reebok, Saucony, Apple, Fitbit, Garmin, Hyperice and Polar. Good during your fundraising event only.





# REGISTRATION

NEDA HAMANDI

VP of Administration

[vpadministration@mcleancrew.org](mailto:vpadministration@mcleancrew.org)

# REGISTRATION

- A big THANK YOU to all the parents and athletes who have completed the MCC Registration.
- The MCC Registration site will **close on 11/11/2023 at 9 PM**. Please make every effort to complete the registration by then.
- There are 25 families who still need to complete the registration process. Failure to complete all registration steps means that the athlete will not be able to participate in winter conditioning.



# PENDING REGISTRATIONS

Boys' Team		Girls' Team	
Athlete's First Name	Athlete's Last Name	Athlete's First Name	Athlete's Last Name
Arham	Jain	Shannon (Madi)	Anderson
Owen	Kelly	Elinor "Jaime"	Burns
Axel	Lundback	Katherine	Chen
James	Millward	Tea	Coronado
Milo	O'Connor	Maher	Dhillon
Finnegan	Switzer	Alexandra	Glass
		Kate	Greenway
		Sara	Hanson
		Sophia	Kucko
		Ava	Kucko
		Aanya	Malaviya
		Kalyna	Mazal
		Mihika	Mitra
		Lilia	Parker
		Diana	Rojas Hernandez
		Peyton	Rydzewski
		Megan	Vincenzo
		Emily	Zarnowiecki





# COMMUNICATIONS

CORA MURPHY

Secretary

[secretary@mcleancrew.org](mailto:secretary@mcleancrew.org)

# VOLUNTEERS FOR COMMUNICATIONS

- **Secretary in Training:** Jen Burns
- **Webmaster:** Kristen Kucko transitioning to Jeanne Mellish and Chris Szara
- **System Administrator:** Rick Barnard (returning)
- **Photographers:** Liz Pham (returning) and Tim Steeg
- **Social Media:** Kevin Wu
- *Later in the Year we will open new opportunities like Senior Spotlights*
- *After other key roles are filled, we would like to fill the role of Historian*

**Thank you** for continuing to serve, transitioning your role, or volunteering anew!  
I will reach out to set up a meeting so we can kick things off for the new year!





# DISTRIBUTION LISTS

- Now that registration is nearly complete, I will use the roster of student athletes and parents to inform the distribution lists
- If you did not receive the reminder email for the Membership Meeting sent Wednesday evening, then please reach to me and we'll update your information
- Please email me at [secretary@mcleancrew.org](mailto:secretary@mcleancrew.org) or [mcleancrew@gmail.com](mailto:mcleancrew@gmail.com)
- Thank you!





## KEY UPCOMING DATES

November 5-11: Roadrunner Shoe Week

November 16: Lebanese Taverna

Now – November 26: Paw Thaw Winter Fundraiser

Now – December 8: Holiday Evergreen Fundraiser

November 16: First day of Winter Conditioning (Boys)–  
registration required to participate

November 17: First day of Winter Conditioning (Girls)–  
registration required to participate

December 16: PBC Full Ham Triathlon

December Training: Updates forthcoming for 9<sup>th</sup> (Holiday  
Bazaar takes over training space) and Winter Break

March 1 - 3: Mulch Weekend (rain date March 8-10)



**TENTATIVE  
REGATTA  
SCHEDULE**

3/16 Polar Bear @ Occoquan

3/23 Lake Lenape @ Lake Lenape, NJ

3/25-3/29 *Spring break*

3/30 St. Andrews @ Middleton, DE

4/6 Darrell Winslow @ Occoquan

4/13 TBC Tussle @ TBC

4/14 Manny Flick @ Philadelphia, PA

4/20 Ryz Obuchowitz @ Occoquan

4/27 Charlie Butt @ TBC

5/4, 5/11 States Day 1, 2 @ Occoquan

5/16-18 Stotesbury @ Philadelphia, PA (select crews)

5/23-25 SRAAs @ Pennsauken, NJ (qualified crews)



# QUESTIONS?

- Visit the website [mcleancrew.org](http://mcleancrew.org) website
- If you can't find what you're looking for, feel free to reach out to the appropriate Board Member or send an email to [mcleancrewclub@gmail.com](mailto:mcleancrewclub@gmail.com)



**THANK YOU FOR  
ATTENDING!**

