



**MCLEAN CREW CLUB
GENERAL MEMBERSHIP
MEETING**

MARCH 2024



WELCOME!

Molly Hoffman

President
president@mcleancrew.org

PRESIDENT'S UPDATES



OUTSIDE FINANCIAL
SUPPORT: BOOSTERS,
POSSIBLE MCF GRANT



PRESIDENT ELECT

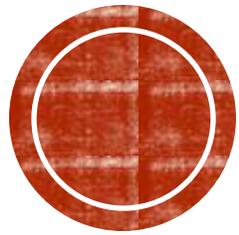


BUS INCIDENTS



COACH UPDATE





COACH UPDATE

Coach Jack and Coach Carol

COACHES' UPDATES

Message from Coach Jack

- **Boys spring break:** bus leaves MHS at 6 AM and departs from TBC at 1 PM
- As we get closer to regatta season, athletes should be reminded that boating is based on attitude, athleticism and attendance. While the coaches aim to get every athlete racing as often as they can, it is difficult to boat athletes who regularly miss practice or do not communicate absences ahead of time.
- Athletes are strongly encouraged to regularly wash their unis and cycle through if they have multiple unis. MRSA is a very dangerous bacterial infection common in rowing and is easily prevented by keeping workout attire clean and dry between uses.

Message from Coach Carol

- **Girls spring break:** will be 8 AM to 3pm
- **Attendance** is mandatory and absences affect boatings and racing opportunities. Please be sure your coach knows of prearranged days out.
- **Polar Bear Lineups are set** – can be found on spring SS.
- **Lake Lenape** - The girls are NOT going to Lake Lenape. After receiving the schedule and considering hull availability, the coaches agreed it is not a productive use of our time. We will have a long practice on that Saturday morning.





OPERATIONS

AMBER GUNN WESTLAND

VP of Operations

vpoperations@mcleancrew.org

OPERATIONS UPDATE

- Last Saturday, a new Pocock 4+ was dedicated to McLean's former long-time coach, Bianca Arrington!
 - It was great to see so many past and present McLean crew rowers and parents there
 - Photos can be found on the team SmugMug
- Thank you to the best Ops team who have been working overtime to keep everything running so the kids and coaches can focus on rowing:
 - Launches: John Mecham & John Saunders
 - Ergs: Rick Barnard and Don Clemons
 - Cox boxes & Inventory: Emily Terrell
 - Safety Boxes: Jay & Kristen Kucko





VOLUNTEERING

BRIDGET BINDER

Member at Large Volunteers
memberatlarge2@mcleancrew.org



NOTES RE VOLUNTEERING

- We will publish a tally in early April that lists how many credits you've earned/signed up for
- Keep track of your volunteer hours
- You're responsible for finding a replacement if you can't make the shift you signed up for
- Read the job description and dress appropriately (more info on vasra.org)
- Please be on time
- Team is smaller this year- we will need you to keep volunteering even when your credits are fulfilled!
 - Launch driver note

VASRA AND AWAY REGATTA VOLUNTEERING

- The VASRA and Away Regatta SUGs are out and almost full - thanks to those who signed up!
- If you cannot fill the job you signed up for, you must find a replacement and let us know.
- Consolidated MCC SUG link:

<https://www.signupgenius.com/tabs/43073D905A3C3E8CE8-2024crew>





SECRETARY

- **NEW: Dividing the Role into 2 volunteer roles:**
 - 1. Secretary – Board Position (6 credits)
 - Board Meetings
 - Membership Meeting Presentation
 - Remind App
 - Calendar
 - Oversee social media, website, etc.
 - 2. The “Dep Sec” - Operational Role (TBD)
 - MCC Email
 - Newsletter
 - Space Reservations



ROWER OPERATIONS

LAUREN FUNKHOUSER

Member at Large Rower Ops

memberatlarge@mcleancrew.org

SPRING BREAK

- **Saturday 23 March: Girls Saturday practice; Boys Lake Lenape regatta**
- **25-29 March Practice Schedule**
 - Boys: 6AM bus departs MHS, 12PM lunch at TBC, 1PM bus departs TBC
 - Girls: 8AM bus departs MHS, 12:30 PM lunch at TBC, 2:30PM bus departs TBC
- **Optional Social Events for Rowers (all activities \$20; GoogleDoc signup being sent to rowers)**
 - Tuesday 26 March 6-8 PM, Perch Putt – parents can stick socialize at the Perch, noting it is outdoor only
 - Wednesday 27 March 7-9 PM, Laser Tag at Ultrazone (fee includes 4 games)
 - Friday 29 March 6-8 PM, Bowl America
- **Food Trucks scheduled: Peruvian Brothers, The Smoking Kow, Two Smooth Dudes and a Food Truck, PhoWheels, and Pepe**
- **Email will be sent with full details, and thank you to Scott Barnes for his hard work organizing events and food!**





FUNDRAISING

BRITA ANDERSON

VP of Ways & Means

vpwaysandmeans@mcleancrew.org



MULCH RECAP

- Thank you to all the amazing parents and rowers who made this event so successful!
- **A HUGE thank you to the many parents who went above and beyond volunteering for the one required day!**
- **Total bags sold: 18,182 bags!**
- **Total earned: \$56,827.30**
- If you still have your Mulch sign, please email mulch@mcleancrew.org to make arrangements
 - ****Remember, there is a \$10 charge for signs that are not returned**



RESTAURANT FUNDRAISERS

**Wednesday
April 17
Dal Grano
supports MCC!**



Dine in or pick up

1386 Chain Bridge Rd
703.821.6725
DalGrano.com

15%
Goes to McLean Crew Club

11:30-9pm
Mention MCC to cashier or add to "special instructions" online



Sweet Leaf Partnership with McLean Crew



**March 20!
April 17!
May 15!**

20% Every 3rd Weds

Order anytime during day
Mobile or In-store

Organic | Locally-sourced | Family-owned 1359 Old Chain Bridge Road





ADMINISTRATION

NEDA HAMANDI

VP of Administration

vpadministration@mcleancrew.org

ADMINISTRATION

1. USRowing membership: Please ensure that your athlete's USRowing membership is up to date.
2. Uni's have arrived and most of them have been distributed. If you have not received yours, please coordinate with Debbie Hall.
3. Last year, parents and athletes were obligated to complete forms for out-of-state regattas. However, these forms have now been integrated into the registration process, eliminating the need to fill them out this year.





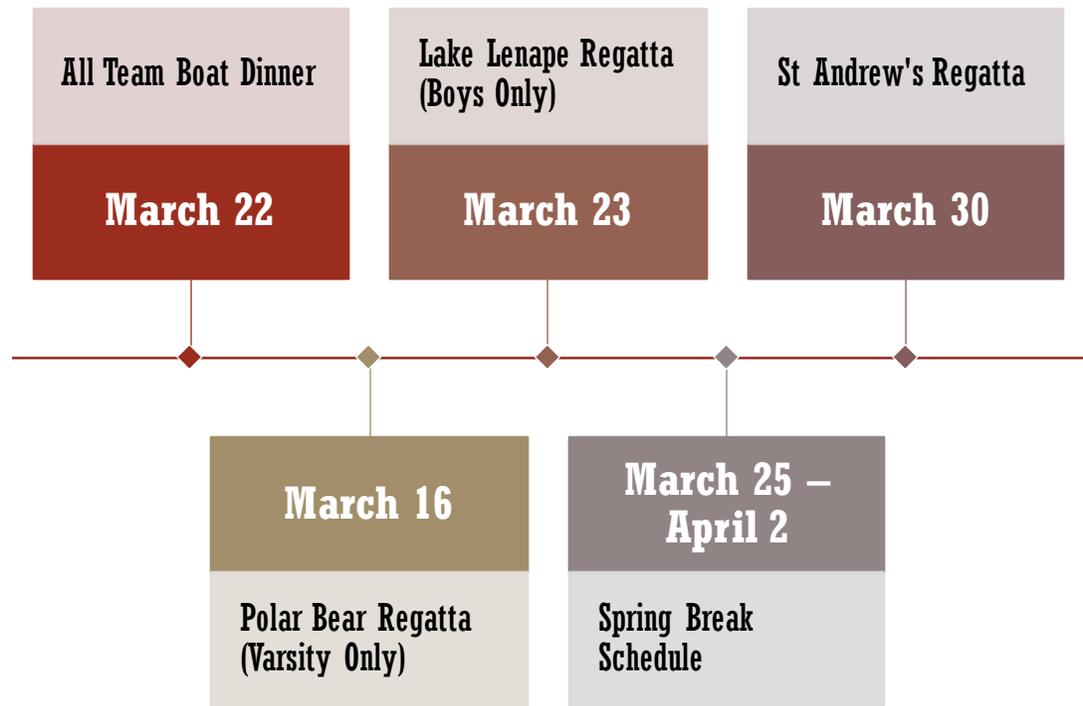
COMMUNICATIONS

CORA MURPHY

Secretary

secretary@mcleancrew.org

KEY UPCOMING DATES



SPRING PRACTICE & REGATTA COMMS

COMMS CHANNELS

- Communications from coaches and club continue
- There are a few new items:



- **Remind App** invitations will be issued during the first week for time-sensitive information



- **Regatta Info** will be shared prior to each event. Line-up info and start times will be provided along with parking, et al



- **Social Media** will focus on Instagram and X platform to cover the team's successes



REMIND APP – Enroll Today!

Enrollment Codes:

Boys Team: @bbbga3f

Boys Parents: @67fehak

Girls Team: @6hcd2d

Girls Parents: @ec86cd6





REGATTA CHAIR

HEATHER WHITNEY

Regatta Chair

regattachair@mcleancrew.org



REGATTA SCHEDULE

3/16 Polar Bear @ Occoquan (Varsity Only)

3/23 Lake Lenape @ Lake Lenape, NJ (Boys only)

3/25-3/29 *Spring break*

3/30 St. Andrews @ Middleton, DE

4/6 Darrell Winslow @ Occoquan

4/13 Ted Phoenix@ Occoquan

4/14 Manny Flick @ Philadelphia, PA

4/20 TBC Tussle@ TBC

4/27 Charlie Butt @ TBC

5/4, 5/11 States Day 1, 2 @ Occoquan

5/16-18 Stotesbury @ Philadelphia, PA (select crews)

5/23-25 SRAAs @ Pennsauken, NJ (qualified crews)

REGATTA UPDATES

- **Occoquan Parking** – All Parking will be at South County HS except for Ted Phoenix which is TBD.
- The **shuttle** from the offsite parking lot will cost \$15 cash and will cover roundtrip to/from Sandy Run. You should drop off your athlete at Sandy Run and then park in the designated parking lot. Volunteers do not pay for parking and can park onsite. Plan for additional time to park, take the shuttle and walk to the grandstands (10-15 min walk)
- **Team Tent:** No parents or volunteers are allowed in the team tent during the regatta, this is only for the team/coaches. Tent set up will need to be completed by 7am. **Please do NOT bring food/doughnuts to the team tent for the team.** Healthy snacks will be provided
- **Volunteers** Check in at the Regatta HQ at Sandy Run. More details will be sent to volunteers before the regatta.
- Regatta will begin at 9am, and the schedule will be available no later than Friday morning the day before the race (Friday Mar 15). The Schedule is posted at www.vasra.org on the Home Page under the heading “Regatta Heatsheet”.
- For results, VASRA encourages everyone to sign-up for the [vasra.results](#) google group.



SANDY RUN / OCCOQUAN PARKING

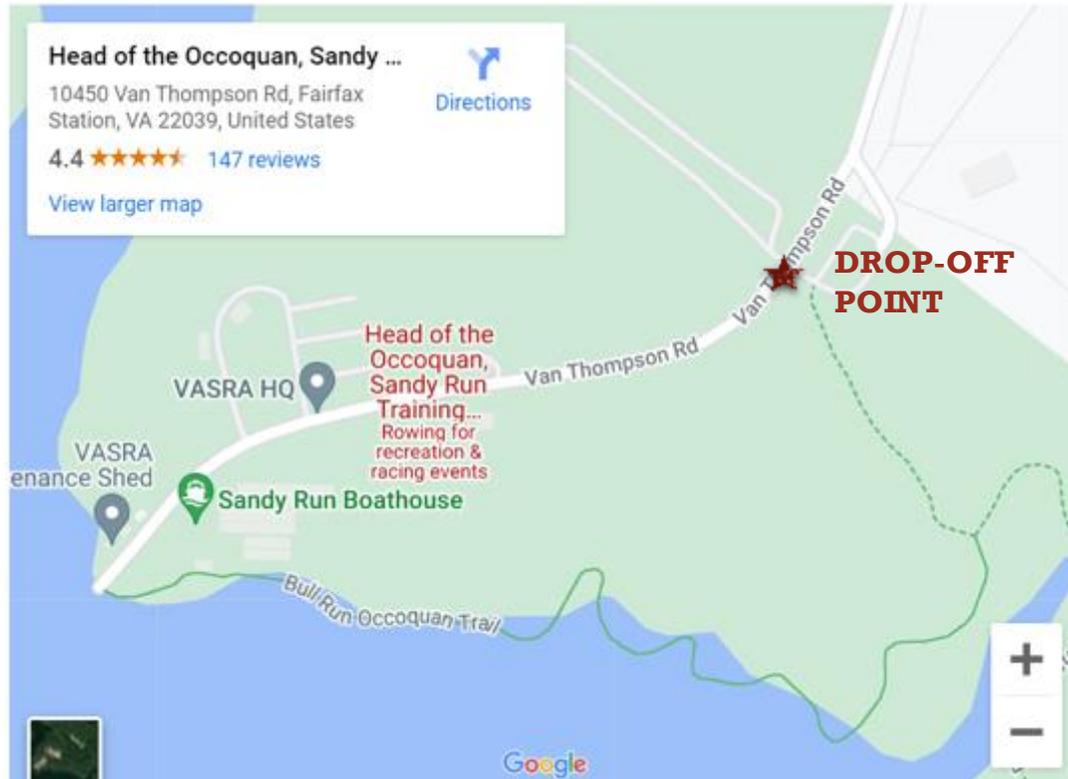
Event Start Times*	Regatta	Event Format	Parking Location
★ 9:00 A.M.	3/16 Polar Bear Regatta (Varsity Only)	No Block Schedule	South County HS 8501 Silverbrook Rd, Lorton, VA 22079
★ 9:00 A.M.	4/6 Darrel Winslow Regatta	No Block Schedule	South County HS 8501 Silverbrook Rd, Lorton, VA 22079
9:00 A.M.	4/13 Ted Phoenix Regatta	No Block Schedule	TBD
8:00 A.M.	5/4 VSRA Championships ("States," lower boats)	No Block Schedule	South County HS 8501 Silverbrook Rd, Lorton, VA 22079
8:00 A.M.	5/11 VSRA Championships ("States," upper boats)	No Block Schedule	South County HS 8501 Silverbrook Rd, Lorton, VA 22079

★ Indicates regatta before our next MCC Membership Meeting

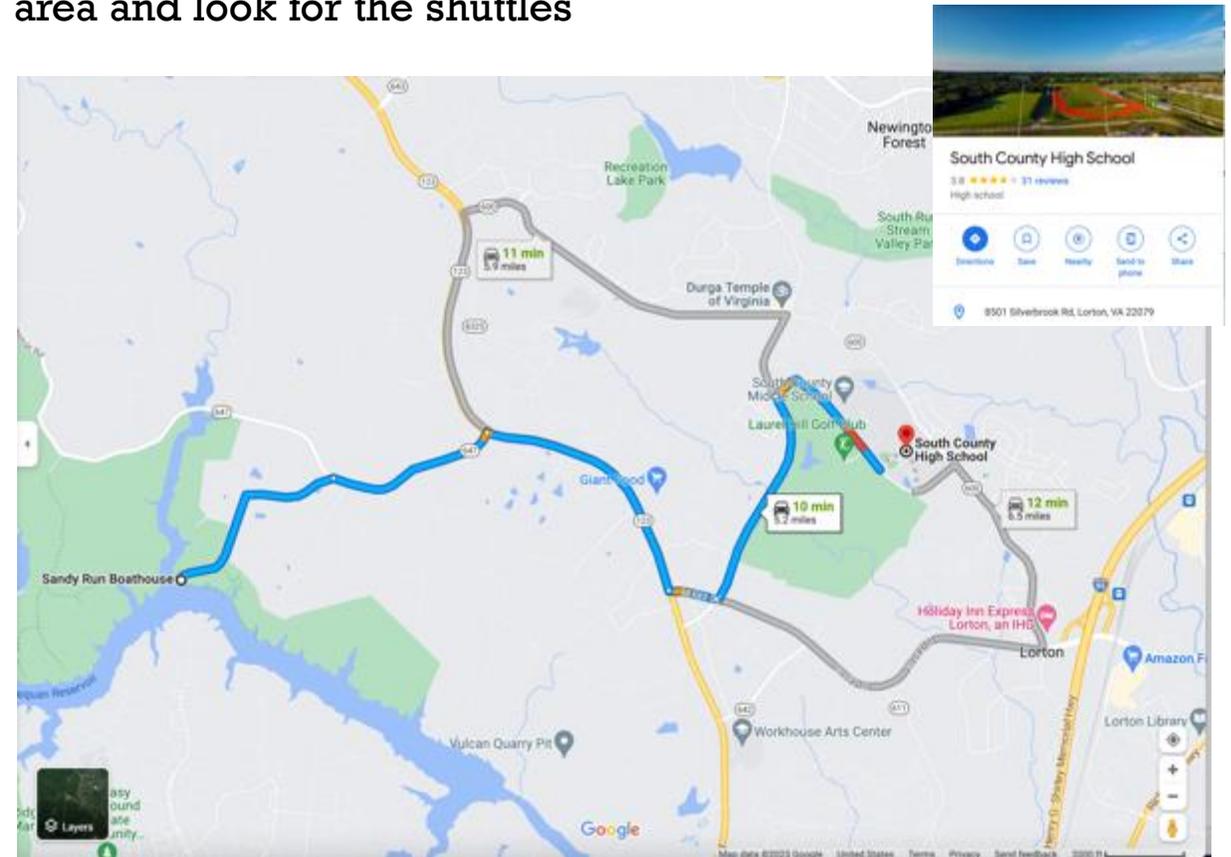


Sandy Run Drop-Off & South County Parking

Only coaches and special volunteers can park close-by. You'll drop off your athlete and need to exit to park at the high school.



You'll park in the designated parking area and look for the shuttles



When the South County parking lot is available you will park there (located at [8501 Silverbrook Rd, Lorton, VA 22079](https://www.google.com/maps/place/8501+Silverbrook+Rd,+Lorton,+VA+22079))





SHUTTLE DROP-OFF
THE GREEN LINE SHOWS THE
WALKING PATH TO THE
GRANDSTAND

SANDY RUN /
OCCOQUAN:

THE TRAIL TO
THE
GRANDSTAND

Once on site there is a 0.6 mile trail through the woods to the viewing grandstands. Vans from parking Lot C to the Finish Line will begin operations at 8:00 am and continue until 30 minutes after the conclusion of racing. The cost is \$5 per person.





TREASURER UPDATE

David Kirk

Treasurer

treasurer@mcleancrew.org

DUES PAYMENT SCHEDULE

- Mulch Yard Sign Cost is \$10 if not returned
- 3d Installment due on April 15, 2024
 - Will be reduced by Mulch fundraising
- Additional Dues dates (Approximate)
 - Stotesbury (May 16-18)
 - Due May 14, 2024
 - Nationals (May 23-25)
 - Due May 21, 2024





QUESTIONS?

- Visit the website mcleancrew.org website
- If you can't find what you're looking for, feel free to reach out to the appropriate Board Member or send an email to mcleancrewclub@gmail.com



**THANK YOU FOR
ATTENDING!**

