

Lake Lenape Sprints

March 28, 2020

Mays Landing, NJ



Regatta Fast Facts:

- **The Venue - Boathouse address:**
 - 753 Park Road, Mays Landing NJ 08330
 - Estimated 3 1/2 hour ride dependent on traffic.
- **Gates Open:**
 - 7:00am at the parent's side of the park
- **Parking:**
 - \$5.00 donation to help offset cost of running regatta
 - Free parking in remote lot on the way into the park across the street from the Hamilton city hall which will have shuttle (jitneys) service to/from race site.
- **Facilities:**
 - Working indoor facilities (no port-a-pots) and there is heat if it is cold.
- **Racing Starts:**
 - 9:00 am with novice, JV, Varsity last.
- **Athletes Should Bring:**
 - Rowers should bring MCC gear and a full change of clothes.

Additional Helpful Information:

- Athletes, coaches and boat trailers are on the Boathouse side of the Lake. Bus drivers to drop athletes at Boathouse and park bus on parent side.
- The parents are on the opposite side of the lake which is called Lake Lenape Park East, Park Road Mays Landing, NJ.
- Food trailer, tents and grill only allowed on parents' side.
 - The food trailers are allowed inside of the park once you unload your trailer, park trailer toward the back of the fence to allow for more room the tow vehicle stays attached to the trailer.
 - The athletes can have a tent on their side
- 4 Jitneys (small buses) can transport rowers to and from the parent side. They are free and run continuously.
- The ride from one side to the other is about 5 minutes.
- There is a beach at the finish line so bring beach chairs.

The Schedule:

Varsity rowers will travel on one commercial tour bus. Coaches/chaperones will ride in each bus.

- 4:15 AM – all rowers report to the front of MHS
- 4:30 AM– Bus leaves MHS to Lake Lenape (Rowers to bring snack on bus if needed before 8:30AM)
- 8:00 AM: Buses arrive, rowers immediately rig the boats (may be a short amount of downtime)
- 8:30 AM: Healthy and hearty breakfast available
- 9:00 AM: Coaches and coxswains meeting

10:00AM: RACING begins

- 2:30PM: Guestimate on departure time
- 6:00PM: Earliest likely arrival back at MHS

Viewing Area
TBD