



**MCLEAN CREW CLUB  
GENERAL MEMBERSHIP  
MEETING**

**JANUARY 2024**



**WELCOME!**

**Molly Hoffman**

President  
[president@mcleancrew.org](mailto:president@mcleancrew.org)



# OPERATIONS

AMBER GUNN WESTLAND

VP of Operations

[vpoperations@mcleancrew.org](mailto:vpoperations@mcleancrew.org)



# OPERATIONS UPDATE

- Launches will go in the water the weekend before tryouts - (exact date TBD)
  - Volunteers will earn credits!

Contact Amber at  
[vpoperations@mcleancrew.org](mailto:vpoperations@mcleancrew.org) or  
(202) 316-8816 to be added to the Ops text group to  
be first to know when Ops points are available!

- New ladies' boat, *Lola*, to be delivered this month – oars arrived yesterday!
- New launches are being built locally and will be ready for the spring season





# **VOLUNTEERING**

BRIDGET BINDER

Member at Large Volunteers  
[memberatlarge2@mcleancrew.org](mailto:memberatlarge2@mcleancrew.org)

# REFRESHER: TYPES OF VOLUNTEER ROLES

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**Operational positions:** work over a period of time or the entire season

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**One-time volunteer positions:** 2-4 hour shifts during fundraising events, regattas, etc. These sign-ups will come later in the season.

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**\*\*If you signed up for an operational position and you are a new parent, please reach out to the board member who oversees that position.\*\***





## **VOLUNTEERING**

- Operational positions spreadsheet is updated on [mcleancrew.org/volunteering](http://mcleancrew.org/volunteering)
- Event signups will start in January and continue through May.
- There will be opportunities to earn credits at Ergathon, Mulch Madness, bus chaperone duty, each regatta, club events like the boat dinner and end of year picnic, and more!
- Even if you fulfill all your credits, we may still need you to volunteer! It takes a LOT of volunteer hours to run this club.

# VOLUNTEER POSITION HIGHLIGHTS

We have a lot of regatta operational positions to fill!

- Local Regatta Coordinator/Regatta Chair in Training
- Away Regatta Coordinator/Regatta Chair in Training
- Away Regatta Food Tent Coordinator (2)
- Away Regatta Tent Coordinator
- Chef/Grill Master

Also seeking:

- Full Boat Dinner Coordinator

If you have any questions regarding volunteer positions, please reach out to Bridget Binder, Member at Large for Volunteers, at [memberatlarge2@mcleancrew.org](mailto:memberatlarge2@mcleancrew.org)



# SEEKING NEXT YEAR'S BOARD MEMBERS!

- Most of the MCC board is turning over after the 2024 season.
- Board members in training will assist and learn from the current board member and assume the role in the 2024-25 season.
- If you're curious, please contact the current Board Member or email us at [mcleancrew@gmail.com](mailto:mcleancrew@gmail.com) and we will connect you with the search committee.

## STILL SEEKING:

- PRESIDENT IN TRAINING (Molly)
- VP WAYS AND MEANS (Brita)
- REGATTA CHAIR IN TRAINING (Heather)





# ROWER OPERATIONS

LAUREN FUNKHOUSER

Member at Large Rower Ops

[memberatlarge@mcleancrew.org](mailto:memberatlarge@mcleancrew.org)

# UPDATES

- Thanks to those who are going through the badging process, which is moving along. Elizabeth Ruhl is this year's badging coordinator – [Elizabeth.Ruhl@me.com](mailto:Elizabeth.Ruhl@me.com) - and she will stay in touch with you throughout the process so we can track that things continue to move forward so parents receive their badges in time for the season. For a reminder about the badging process, please look at the Club website under the "For Parents" tab and click on the "Bus Chaperone Registration" link.
- The Club will contact you once badges are received via the Activities Office so we can get the badge to you.
- Date for final Swim Test Prior to Try-outs: Feb 11th at Spring Hill Rec Center, 3-5 PM
- Date for first All Boat Dinner: March 15th
- Date for Parent Gathering: Finalizing a Date (looking at end of January in the Tyson's or McLean area). More to come on that!





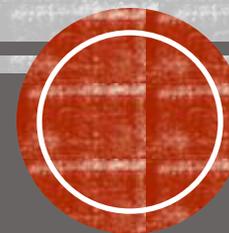
# FUNDRAISING

BRITA ANDERSON

VP of Ways & Means

[vpwaysandmeans@mcleancrew.org](mailto:vpwaysandmeans@mcleancrew.org)

# ERGATHON 2024



## WHAT IS AN ERGATHON?

- Mandatory fundraiser for our club on Saturday, February 10, 2023 (Last year we raised approx. \$6,000 the day of the event)
- Funds raised through donations from family and friends prior to the Ergathon and from the public the day of the Ergathon
- Rowers erg in front of the Mclean CVS in 30 minute increments and solicit donations in front of businesses and on strategic corners



# WHO PARTICIPATES?

- Athletes row and fundraise  
(sign up genius coming soon)
- Parents supervise check ins, solicitations,  
and money collection  
(Sign Up Genius coming soon)
- Friends and family donate



# WHEN IS IT?

- Saturday, February 10, 2023
- Weather Date: February 17, 2023

Coordinators will be at practice the week before to collect your donations— please bring a single check.

\*All Ergathon donations and paperwork must be turned in by Wednesday, February 7th

- **NO CHECKS ACCEPTED ON THE DAY OF THE ERGATHON!!!**



# WHERE IS IT?

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Erging in front of  
the CVS next to the  
Giant

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Soliciting in front of  
designated local  
businesses TBD



**QUESTIONS?**

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Anne Butler

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[aejoslove5@gmail.com](mailto:aejoslove5@gmail.com)

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# MULCH

- **March 2nd – 3rd**
- **(Snow date March 9th – 10th)**
- **Attendance is mandatory both Saturday and Sunday for rowers**
- **At least one parent is required to volunteer for at least one day**
- **Leads and a ton of information sent out 1/8/24!**
- **SUGs coming soon!**



# MULCH — NEW THIS YEAR!

- **Online sales only - No paper orders**
- **Credit card/pay pal only - No checks**
- **Minimum of 5 bags per order**
- **All orders will be delivered – No picking up at the school**
- **All orders are in advance and online – No Day of Sales**
- **Yard Signs can be checked out and can use painters' tape to add rowers name to be used with QR code**



# RESTAURANT FUNDRAISER

**WEDS JAN 24!**



**MCC FUNDRAISER!**  
**FOR 35% BACK TO**  
**MCLEAN CREW CLUB**

**HERE'S THE DEAL**

Order by phone or in person. Mention  
this fundraiser to FLIPPIN' staff.  
Delivery available in 4 mile radius of  
store.

**FLIPPIN' PIZZA FALLS CHURCH**  
800 West Broad Street, Falls Church  
(703) 752-8672





# ADMINISTRATION

NEDA HAMANDI

VP of Administration

[vpadministration@mcleancrew.org](mailto:vpadministration@mcleancrew.org)

# ADMINISTRATION

- Update on Uniform – Debbie Hall.
- Update on GoreTex Jackets – Debbie Hall.



# UNIFORM ORDERS

DEBBIE HALL

DEHALL@MYCWT.COM



# UNIFORMS

As the Spring Crew Season is just around the corner (it begins in February), we want to draw your attention to uniform orders.

**Each athlete has 2 required items:**

- A Uniform (boys \$85 / girls \$90)
- A Cold Weather Training Shirt (boys \$60 / girls \$60)



**Please note:** athletes that have uniforms from last year that fit do not need to purchase new uniforms.

Visit our online Store to place your order here: <https://www.mcleancrew.org/online-store>. Because uniforms need to be submitted in large batches and take many weeks to fulfill, **we need to place the order by January 20th** so that athletes have them for the first regattas in March.

**A special note:** we are sensitive to the fact that the orders for required uniforms are placed prior to tryouts. If an athlete does not make the team, the MCC board has voted to refund in full the price of uniforms that are ordered.

There are **additional items that are not required which are available through the JL site**. Those items include quarter zips, shirts, tanks, shorts, tights, vests, jackets, and more.



# BOATHOUSE JACKET

- For all those rowers who waited to order a boathouse jacket until you knew you were committed to crew - your time to order is now. We will be placing a boathouse order in the next few weeks. We do need a minimum order of 6.

**What is a boathouse jacket?** A pullover style, mid weight GorTex waterproof jacket with MCLEAN CREW on the back and your name monogrammed on the front. AKA – a really cool crew jacket that keeps you dry on rainy days and just looking awesome on non-rainy days.

**How much does it cost?** \$256.50 – please note due to personalization all orders are final and cannot be returned. This is an optional uniform purchase.

**How do I order?** Purchase through the McLean Crew Store

**When will I receive my jacket?** The estimation is 6-8 weeks from order placement.





# COMMUNICATIONS

CORA MURPHY

Secretary

[secretary@mcleancrew.org](mailto:secretary@mcleancrew.org)

# UPCOMING EVENTS



## W-L Triathlon: Saturday, Jan 13th

- Please complete [registration form](#) by January 7, 2024
- Location: Washington-Liberty High School, 1301 N Stafford Street, Arlington, VA
- Timing:
  - Check-in opens at 8:15am, racing starts at 8:45am
  - Estimated flight times will be sent closer to the event
- Events:
  - 4k erg
  - 2 mile run
  - 2 min bench row max
- Awards: Top 3 finishers in each category

## Yorktown Erg Relays: Saturday, Jan 27th

- Registration was due Jan 9<sup>th</sup>
- Location: Yorktown High School, 5200 Yorktown Blvd, Arlington, VA 22207
- \$20/ per athlete
- Parents are welcome, no fee
- Prizes for winners of each relay
- Concessions available using cash or Venmo



# UPCOMING EVENTS

## Erg Sprints: February 3rd

- Host of the 2024 US Rowing Indoor National Championships
- Website: <https://www.ergsprints.com/>
- Location: Alexandria City High School, 3300 King Street, Alexandria, VA 22302
- Date: February 3, 2024. Door open for competitors at 7am
- Events:
  - 2,000 meter events
  - ½ marathon and marathon
  - 20-min junior and 30-min open / masters row
  - 500m sprints
  - Relays
  - Parent / Child and Kid Races





**KEY UPCOMING  
DATES**

1/13 W-L Triathlon

1/27: Yorktown Relays

2/3: Erg Sprints

March 1 - 3: Mulch Weekend  
(rain date March 8-10)



**TENTATIVE  
REGATTA  
SCHEDULE**

3/16 Polar Bear @ Occoquan

3/23 Lake Lenape @ Lake Lenape, NJ

3/25-3/29 *Spring break*

3/30 St. Andrews @ Middleton, DE

4/6 Darrell Winslow @ Occoquan

4/13 Ted Phoeniix@ TBC

4/14 Manny Flick @ Philadelphia, PA

4/20 TBC Tussle@ Occoquan

4/27 Charlie Butt @ TBC

5/4, 5/11 States Day 1, 2 @ Occoquan

5/16-18 Stotesbury @ Philadelphia, PA (select crews)

5/23-25 SRAAs @ Pennsauken, NJ (qualified crews)



# QUESTIONS?

- Visit the website [mcleancrew.org](http://mcleancrew.org) website
- If you can't find what you're looking for, feel free to reach out to the appropriate Board Member or send an email to [mcleancrewclub@gmail.com](mailto:mcleancrewclub@gmail.com)



**THANK YOU FOR  
ATTENDING!**

